

Monash University Human Research Ethics Committee
Approval Certificate

This is to certify that the project below was considered by the Monash University Human Research Ethics Committee. The Committee was satisfied that the proposal meets the requirements of the *National Statement on Ethical Conduct in Human Research* and has granted approval.

Project ID: 37475
Application Type: HREC Review
Project Title: Alterations in skin hydration, moisture and genomic in patients with dry skin conditions following daily oral palm tocotrienol and squalene (STGAIA) supplementation
Chief Investigator: Kasthuri Bai
Approval Date: 15/09/2023
Expiry Date: 15/09/2028

Terms of approval - failure to comply with the terms below is in breach of your approval and the *Australian Code for the Responsible Conduct of Research*.

1. The Chief Investigator is responsible for ensuring that permission letters are obtained, if relevant, before any data collection can occur at the specified organisation.
2. Approval is only valid whilst you hold a position at Monash University.
3. It is the responsibility of the Chief Investigator to ensure that all investigators are aware of the terms of approval and to ensure the project is conducted as approved by MUHREC.
4. You should notify MUHREC immediately of any serious or unexpected adverse effects on participants or unforeseen events affecting the ethical acceptability of the project.
5. The Explanatory Statement must be on Monash letterhead and the Monash University complaints clause must include your project number.
6. Amendments to approved projects including changes to personnel must not commence without written approval from MUHREC.
7. Annual Report - continued approval of this project is dependent on the submission of an Annual Report.
8. Final Report - should be provided at the conclusion of the project. MUHREC should be notified if the project is discontinued before the expected completion date.
9. Monitoring - the project may be subject to an audit or any other form of monitoring by MUHREC at any time.
10. Retention and storage of data - The Chief Investigator is responsible for the storage and retention of the original data pertaining to the project for a minimum period of five years.

Kind Regards,

Professor Nip Thomson

Chair, MUHREC

CC: Professor Dr Ammu Radhakrishnan, Dr B Saatheeyavaane Bhuvanendran Pillai, Mr Bryan See, Assoc. Prof. Dr Adawiyah Jamil, Dr Mohan Arumugam

List of approved documents:

| Document Type | File Name | Date | Version |
|--------------------------|---|------------|---------|
| Questionnaires / Surveys | XASI. ver_1 | 27/06/2023 | 1 |
| Supporting Documentation | Technical information of the STGAIA | 03/07/2023 | 1 |
| Supporting Documentation | New Spec - STGaia 16_13%P - Nov 29th 2022 | 03/07/2023 | 1 |
| Consent Form | Informed Consent skin and STGAIA - English_ver1 | 04/08/2023 | 2 |
| Supporting Documentation | Informed Consent skin and STGAIA - English_ver1 | 07/08/2023 | 2 |
| Supporting Documentation | Explanatory Statement Skin and STGAIA ver_2 | 07/08/2023 | 2 |

| Document Type | File Name | Date | Version |
|--------------------------|---|------------|---------|
| Explanatory Statement | Explanatory Statement Skin and STGAIA ver_3 | 28/08/2023 | 3 |
| Supporting Documentation | MUHREC flyerskin and STGAIA. ver_2 | 07/09/2023 | 2 |