

**Monash University Human Research Ethics Committee**
**Approval Certificate**

This is to certify that the project below was considered by the Monash University Human Research Ethics Committee. The Committee was satisfied that the proposal meets the requirements of the *National Statement on Ethical Conduct in Human Research* and has granted approval.

**Project ID:** 40987  
**Application Type:** HREC Review  
**Project Title:** My Emotions Community Trial  
**Chief Investigator:** Dr David Moseley  
**Approval Date:** 04/01/2024  
**Expiry Date:** 04/01/2029

**Terms of approval - failure to comply with the terms below is in breach of your approval and the *Australian Code for the Responsible Conduct of Research*.**

1. The Chief Investigator is responsible for ensuring that permission letters are obtained, if relevant, before any data collection can occur at the specified organisation.
2. Approval is only valid whilst you hold a position at Monash University.
3. It is the responsibility of the Chief Investigator to ensure that all investigators are aware of the terms of approval and to ensure the project is conducted as approved by MUHREC.
4. You should notify MUHREC immediately of any serious or unexpected adverse effects on participants or unforeseen events affecting the ethical acceptability of the project.
5. The Explanatory Statement must be on Monash letterhead and the Monash University complaints clause must include your project number.
6. Amendments to approved projects including changes to personnel must not commence without written approval from MUHREC.
7. Annual Report - continued approval of this project is dependent on the submission of an Annual Report.
8. Final Report - should be provided at the conclusion of the project. MUHREC should be notified if the project is discontinued before the expected completion date.
9. Monitoring - the project may be subject to an audit or any other form of monitoring by MUHREC at any time.
10. Retention and storage of data - The Chief Investigator is responsible for the storage and retention of the original data pertaining to the project for a minimum period of five years.

Kind Regards,

Emeritus Professor Napier (Nip) Thomson

Chair, MUHREC

CC: Dr Nicole Papadopoulos, Mrs Samantha Lewis, Professor Nicole Rinehart, Dr Ana Mantilla Benitez

**List of approved documents:**

Document Type	File Name	Date	Version
Supporting Documentation	Appendix A My Emotions Website Advertisement	13/11/2023	1
Explanatory Statement	Appendix D Explanatory-statement-caregiver_My Emotions Community Trial	13/11/2023	1
Explanatory Statement	Appendix D Explanatory-statement-Prov Psych Community Trial ME	13/11/2023	1
Consent Form	Appendix E Consent-form_ME Community Trial_prov psych	13/11/2023	1
Consent Form	Appendix E Consent-form_My Emotions Community Trial_caregiver ME	13/11/2023	1
Questionnaires / Surveys	Combined Questionnaires for ethic application ME.docx	13/11/2023	1

Document Type	File Name	Date	Version
Supporting Documentation	Appendix N Interview Guide ME 6-11-23	13/11/2023	1
Psychological inventories	SRS-2	13/11/2023	1
Psychological inventories	SDQ_English(Austral)_pt4-10single	13/11/2023	1
Psychological inventories	Conners 3	13/11/2023	1
Psychological inventories	SDQ_English(Austral)_pt11-17single	13/11/2023	1
Psychological inventories	PSI electronic copy (1)	13/11/2023	1
Psychological inventories	CSHQ_Abbreviated	13/11/2023	1
Psychological inventories	K10_English	13/11/2023	1
Supporting Documentation	My Emotions Community Trial_Protocol_30-10-23	13/11/2023	1
Supporting Documentation	Appendix T MKC CLINICAL GUIDELINE RISK	13/11/2023	1
Supporting Documentation	Appendix B Screening survey email ME	13/11/2023	1
Supporting Documentation	Appendix F Consent email ME	13/11/2023	1
Supporting Documentation	Appendix H Baseline survey email ME	13/11/2023	1
Supporting Documentation	Appendix I 3 month survey email ME	13/11/2023	1
Supporting Documentation	Appendix I Group allocation email_waitlist ME	13/11/2023	1
Supporting Documentation	Appendix J Group allocation email_emotions program ME	13/11/2023	1
Supporting Documentation	Appendix N Baseline final reminder email ME	13/11/2023	1
Supporting Documentation	Appendix P Optional interview invitation email ME	13/11/2023	1
Supporting Documentation	Appendix P Screening survey reminder ME	13/11/2023	1
Supporting Documentation	Appendix Q Consent final reminder email ME	13/11/2023	1
Supporting Documentation	Appendix S 3 month survey final reminder email ME	13/11/2023	1
Supporting Documentation	Appendix A v2 041223 My Emotions Website Advertisement	04/12/2023	2
Explanatory Statement	Appendix D v2 041223 Explanatory-statement-Prov Psych Community Trial ME	04/12/2023	2
Explanatory Statement	Appendix D Child Explanatory Statement My Emotions Community Trial	04/12/2023	1
Consent Form	Appendix E Child Assent Form My Emotions Community Trial	04/12/2023	1
Supporting Documentation	Appendix N v2 041223 Interview Guide ME	04/12/2023	2
Supporting Documentation	Appendix I v2 041223 3 and 6 month survey email ME	04/12/2023	2
Supporting Documentation	Appendix S v2 041223 3 and 6 month survey final reminder email ME	04/12/2023	2
Consent Form	Appendix E v2 041223 Consent-form_My Emotions Community Trial_caregiver	04/12/2023	2
Explanatory Statement	Appendix D v2 041223 Explanatory-statement-caregiver_My Emotions Community Trial	04/12/2023	2
Supporting Documentation	Appendix I v2 041223 3 and 6 month survey email ME	04/12/2023	2

Document Type	File Name	Date	Version
Supporting Documentation	Appendix S v2 041223 3 and 6 month survey final reminder email ME	04/12/2023	2
Supporting Documentation	My Emotions_Community Trial_Protocol_v2_041223	04/12/2023	2
Questionnaires / Surveys	Combined Questionnaires v2 041223 for ethic application ME	04/12/2023	2
Psychological inventories	SDQ_English(Austral)_s11-17full	07/12/2023	1
Psychological inventories	SDQ_English(Austral)_s11-17followup	07/12/2023	1
Consent Form	Appendix E v3 141223 Consent-form_My Emotions Community Trial_caregiver	14/12/2023	3
Consent Form	Appendix E v2 141223 Child Assent Form My Emotions Community Trial copy	14/12/2023	2
Explanatory Statement	Appendix D 3 141223 Explanatory-statement-Prov Psych Community Trial ME	14/12/2023	3
Explanatory Statement	Appendix D v2 141223 Child Explanatory Statement My Emotions Community Trial	14/12/2023	2
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Consent Form	Appendix E v2 141223 Consent-form_ME Community Trial_prov psych copy	14/12/2023	2
Consent Form	Appendix E v3 030124 Child Assent Form My Emotions Community Trial copy	03/01/2024	3
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