

**CHILDREN'S HEALTH QUEENSLAND
HOSPITAL AND HEALTH SERVICE
HUMAN RESEARCH ETHICS COMMITTEE**

Professor Alan Isles AM (Chair) 3069 7002
Mrs Amanda Smith (Co-ordinator) 3069 7002



Level 7, Centre for Children's Health Research
Queensland Children's Hospital Precinct
62 Graham Street, South Brisbane QLD 4101
Telephone (07) 3069 7002

29th September 2020

Dr Tania Withington
Child & Youth Mental Health Service Eating Disorders Program
Children's Health Queensland Hospital & Health Service
34 Curd Street
Greenslopes QLD 4120

Dear Dr Withington,

HREC Reference number: HREC/20/QCHQ/67708

Project title: An investigation into the efficacy, predictors and moderators of treatments for eating disorders at an outpatient child and adolescent eating disorder clinic

Many thanks for the submission of the above study. This has now been reviewed.

I am pleased to advise the proposal meets the requirements of the National Statement on Ethical Conduct in Human Research (2007) and the Committee is happy to give approval. This HREC is constituted and operates in accordance with the National Health and Medical Research Council's (NHMRC) National Statement on Ethical Conduct in Human Research (2007), and all subsequent updates, the Australian Code for the Responsible Conduct of Research (2007) and the CPMP/ICH Note for Guidance on Good Clinical Practice.

This project has Ethics approval for the following sites:

- Queensland Children's Hospital, Brisbane/Centre for Children's Health Research (Eating Disorders Program Greenslopes and Chermside)

Please note the HREC does not issue pre-determined approval periods. Ethical approval is ongoing, subject to the submission of an annual report on the anniversary of approval.

The documents reviewed and approved include:

<i>Document</i>	<i>Version</i>	<i>Date</i>
Cover Letter		24 August 2020
Application (67708)		21 August 2020
Child/Adolescent Information Sheet	1	13 August 2020
Response to Queries		3 September 2020
Parent/Guardian Information Statement	2	3 September 2020
Protocol	1.0	9 July 2020
Eating Disorders Examination Questionnaire - REDCAP		3 September 2020
Generalized Anxiety Disorder 7 Item Gad7 Scale – REDCAP		3 September 2020
Letter of Support – A/Divisional Director CYMHS		10 September 2020

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Please note the following conditions of approval:

1. We require an annual progress report (that covers all sites listed on approval) for the duration of the project. This report is due on the anniversary of HREC approval. Continuation of ethics approval is contingent on submission of an annual report. Failure to comply with this requirement may result in suspension of the project by the HREC. A comprehensive Final Report upon completion of the project. (In accordance with National Statement 5.5.3)
All documentation must be completed and submitted via the ERM website:
<https://au.forms.ethicalreviewmanager.com/>
2. Please note if identifiable or potentially re-identifiable data for this research project is to be accessed without the written consent of the person to whom the data relates an application for disclosure of this data must be made under the *Public Health Act*. Further information regarding the *Public Health Act* is available via this link:
https://www.health.qld.gov.au/hiiro/html/regu/aces_conf_hth_info
3. Submit to the reviewing HREC for approval any proposed amendments to the project including any proposed changes to the Protocol, Participant Information and Consent Form/s and the Investigator Brochure.
All documentation must be completed and submitted via the ERM website:
<https://au.forms.ethicalreviewmanager.com/>
4. If the project does not proceed, the Committee must be informed as soon as possible. (In accordance with National Statement 5.5.6)
5. The Committee must be informed of any potential or realised problem with bioethical implications, if such occurs during the conduct of the research project.
6. Safety Reporting for clinical trials must follow the [2018 NHMRC Guidance: Safety Monitoring and Reporting in Clinical Trials Involving Therapeutic Goods](#) and the [Reporting of Serious Breaches of Good Clinical Practice \(GCP\) or the Protocol for Trials Involving Therapeutic Goods](#). All Safety Reporting must be submitted via the ERM web portal for researchers, by creating a sub-form under the relevant project and application form.
Please see CHQ HREC Website for details of Safety Reporting [CHQ HREC Website](#)
8. The HREC, authorising institution and/or their delegate/s may conduct an audit of the project at any time.
9. Ethical approval to undertake this research project is given on the understanding that you have an intention to publish your findings in a refereed journal or similar peer-reviewed forum. If you do not have this intention, it is an absolute requirement that you notify the Ethics Committee formally. In this latter instance, approval for this research is not given at this time; and will require further negotiation. Your work must be in accordance with the following:
 - *National Statement on Ethical Conduct in Human Research:*
<https://nhmrc.gov.au/about-us/publications/national-statement-ethical-conduct-human-research-2007-updated-2018>
 - *Queensland Health Management Research Policy:*
https://www.health.qld.gov.au/_data/assets/pdf_file/0020/164162/qh-pol-013.pdf
 - *Declaration of Helsinki:*
<https://www.wma.net/policies-post/wma-declaration-of-helsinki-ethical-principles-for-medical-research-involving-human-subjects/>
 - *Guidelines under Section 95 of the Privacy Act 1995 and Guidelines approved under Section 95A of the Privacy Act 1995.*
<https://nhmrc.gov.au/about-us/publications/guidelines-under-section-95-privacy-act-1988>
10. Researchers should note, if not QLD Health employees, a Blue Card may be required for contact with children.
11. The Researcher must send the ‘**Notification of Commencement of Research Protocol**’ as soon as research begins. Status of the project will remain as ‘Not Started’ until this form is received.
All documentation must be completed and submitted via the ERM website:
<https://au.forms.ethicalreviewmanager.com/>
12. In accordance with the National Statement (3.3.12), before beginning the clinical phase of the research, researchers should register clinical trials in a publicly accessible domain.

Should you have any queries about the HREC's consideration of your project please contact Mrs Amanda Smith (Coordinator) or Professor Alan Isles (Chairperson). The HREC terms of Reference, Standard Operating Procedures, membership and standard forms are available from: http://www.health.qld.gov.au/ohmr/html/regu/regu_home.asp

You are reminded that this letter constitutes ethical approval only. This project cannot proceed until separate research governance authorisation has been obtained from the institution where the research will be conducted.

The HREC wishes you every success in your research.

Yours sincerely,



Professor Alan Isles AM
Chair
Children's Health Queensland
Hospital and Health Service
Human Research Ethics Committee

Cc: Ethics Committee Files

**Children's Health Queensland Hospital and Health Service Human
Research Ethics Committee (HREC)**

NOTIFICATION OF COMMENCEMENT OF RESEARCH PROTOCOL

HREC No: HREC/20/QCHQ/67708

PROTOCOL TITLE:

PRINCIPAL INVESTIGATOR:

This is to advise that the above research protocol commenced on:

/ /

Signature:----- Date: -----/-----/-----

**Please forward to CHQ HREC:
Amanda Smith, Co-ordinator HREC
Level 7, Centre for Children's Health Research
Queensland Children's Hospital Precinct
62 Graham Street, South Brisbane QLD 4101**