

## GCHHS ETHICS COMMITTEE CERTIFICATE OF APPROVAL

07 August 2023

Mr Christiaan Hattingh  
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**HREC Reference:** HREC/2022/QGC/88548  
**Project title:** The effects of a combined exercise intervention on gut microbiomes and systemic inflammatory biomarkers to treat patients with NAF

**Amendment number:** AM01

Dear Mr Hattingh,

The following documentation was reviewed and approved at the meeting of the Chair of the Gold Coast Hospital and Health Service Human Research Ethics Committee (HREC) held on 05 August 2023.

The amendment will be ratified at the HREC meeting to be held on 30 August 2023.

### **Sites Approved**

Sunshine Coast Hospital and Health Service
University of the Sunshine Coast
University of Queensland

This amendment must be authorised by the GCHHS Research Governance Office/r.

It should be noted that all requirements of the original approval still apply.

If you have any queries please do not hesitate to contact the HREC Coordinator on 07 5687 3879 or via [GCHEthics@health.qld.gov.au](mailto:GCHEthics@health.qld.gov.au)

### **APPROVED DOCUMENTS**

*It is the Coordinating Principal Investigator's responsibility to ensure that all researchers associated with this project are aware of the conditions of approval and which documents have been approved:*

Document	Version	Date
HREA PAN form		
Protocol	3	June 2023
Protocol Summary of Changes – v2 to v3	-	June 2023
Appendix C - Summary Participant Information Sheet (Study 1)	3	January 2023

Appendix C – Master Participant Information and Consent Form (Study 1)	3	January 2023
Appendix C - Summary Participant Information Sheet (Study 2)	3	January 2023
Appendix C – Master Participant Information and Consent Form (Study 2)	3	January 2023

This HREC is constituted and operates in accordance with the National Health and Medical Research Council's (NHMRC) *National Statement on Ethical Conduct in Human Research 2007 (Updated 2018)*, *NHMRC and Universities Australia Australian Code for the Responsible Conduct of Research (2018)* and the *CPMP/ICH Note for Guidance on Good Clinical Practice*. The GCHHS HREC has been certified by the NHMRC to review multi centre research.

The HREC Terms of Reference, Standard Operating Procedures, membership and standard forms are available from [http://www.health.qld.gov.au/ohmr/html/regu/regu\\_home.asp](http://www.health.qld.gov.au/ohmr/html/regu/regu_home.asp)

The HREC wishes you and your colleagues every success in your research.



Jenny Fraser  
 Research Ethics and Governance Officer  
 On behalf of  
**Prof Roselyn Rose'Meyer, A/Chairperson**  
 Gold Coast Hospital and Health Service Human Research Ethics Committee (EC00160)

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