

Monash University Human Research Ethics Committee

Approval Certificate

This is to certify that the project below was considered by the Monash University Human Research Ethics Committee. The Committee was satisfied that the proposal meets the requirements of the *National Statement on Ethical Conduct in Human Research* and has granted approval.

Project ID: 33032
Project Title: Examining the impact of sleep restriction on reward learning
Chief Investigator: Professor Sean Drummond
Approval Date: 07/06/2022
Expiry Date: 07/06/2027

Terms of approval - failure to comply with the terms below is in breach of your approval and the *Australian Code for the Responsible Conduct of Research*.

1. The Chief Investigator is responsible for ensuring that permission letters are obtained, if relevant, before any data collection can occur at the specified organisation.
2. Approval is only valid whilst you hold a position at Monash University.
3. It is responsibility of the Chief Investigator to ensure that all investigators are aware of the terms of approval and to ensure the project is conducted as approved by MUHREC.
4. You should notify MUHREC immediately of any serious or unexpected adverse effects on participants or unforeseen events affecting the ethical acceptability of the project.
5. The Explanatory Statement must be on Monash letterhead and the Monash University complaints clause must include your project number.
6. Amendments to approved projects including changes to personnel must not commence without written approval from MUHREC.
7. Annual Report - continued approval of this project is dependent on the submission of an Annual Report.
8. Final Report - should be provided at the conclusion of the project. MUHREC should be notified if the project is discontinued before the expected completion date.
9. Monitoring - project may be subject to an audit or any other form of monitoring by MUHREC at any time.
10. Retention and storage of data - The Chief Investigator is responsible for the storage and retention of the original data pertaining to the project for a minimum period of five years.

Kind Regards,

Professor Nip Thomson

Chair, MUHREC

CC: Miss Eleni Kavaliotis, Ms Eleisha Lewis, Miss Kiandra Tomlinson, Dr Daniel Bennett, Dr Rowan Ogeil, Professor Antonio Verdejo-Garcia

List of approved documents:

Document Type	File Name	Date	Version
Supporting Documentation	Advertising_V1_20220529	29/05/2022	1
Consent Form	Consent Form_V1_20220529	29/05/2022	1
Questionnaires / Surveys	Questionnaires_Combined	29/05/2022	1
Psychological inventories	STOPBang	29/05/2022	1
Psychological inventories	Morningness-Eveningness Questionnaire (MEQ)	29/05/2022	1
Psychological inventories	Karolinska Sleepiness Scale (KSS)	29/05/2022	1
Psychological inventories	PHQ-9 with Scoring	29/05/2022	1
Psychological inventories	DUDIT	29/05/2022	1
Psychological inventories	Alcohol_Screen_AUDIT_Tool FULL Version	29/05/2022	1
Psychological inventories	SPSRQ	29/05/2022	1
Psychological inventories	BIS-BAS Scale	29/05/2022	1
Psychological inventories	BAI	29/05/2022	1
Psychological inventories	PSQI	29/05/2022	1

Psychological inventories	ESS	29/05/2022	1
Psychological inventories	PANAS	29/05/2022	1
Psychological inventories	Hypomanic Mood Intensity Scale	29/05/2022	1
Explanatory Statement	Explanatory Statement_V1_20220529	29/05/2022	1
Supporting Documentation	Device Agreement Form_V1_20220529	29/05/2022	1
Supporting Documentation	Registration of Interest_V1_20220529	29/05/2022	1
Supporting Documentation	EXAMPLE RECRUITMENT FUTURE RESEARCH_Consent Form	29/05/2022	1
Explanatory Statement	Explanatory Statement_V2_20220607	07/06/2022	2
Consent Form	Consent Form_V2_20220607	07/06/2022	2