



Academic Services  
Manager, Academic Committees and Services, Mr Gary Witte

10 December 2021

Professor R Taylor  
Department of Medicine  
Dunedin School of Medicine  
University of Otago Medical School

Dear Professor Taylor,

I am writing to let you know that, at its recent meeting, the Ethics Committee considered your proposal entitled "**A culturally relevant sleep intervention for New Zealand families with pepi aged 2-12 months: The Moemoea study**".

As a result of that consideration, the current status of your proposal is:- **Approved**

For your future reference, the Ethics Committee's reference code for this project is:- **21/144**.

The comments and views expressed by the Ethics Committee concerning your proposal are as follows:-

The Committee would like to commend the research team on the design of the project.

**Approval period:** Approval is for up to three years from the date of this letter. If this project has not been completed within three years from the date of this letter, re-approval must be requested. If the nature, consent, location, procedures or personnel of your approved application change, please advise me in writing.

**Conditions of approval:** Upon approval, it is expected that all members of the research team are made aware of what the standard conditions of ethical approval covers. This includes the date ethical approval expires, as well as the process regarding applying for amendments to the research.

**Privacy breach:** A privacy breach occurs when there is unauthorised or accidental access to someone's personal information or disclosure, alteration, loss or destruction of personal information. Any breach of privacy needs to be reported to the University of Otago Privacy Officer immediately. This can be done via an online form <https://www.otago.ac.nz/administration/privacy-information/#breach>, or emailed to the [registrar@otago.ac.nz](mailto:registrar@otago.ac.nz) or [policycompliance@otago.ac.nz](mailto:policycompliance@otago.ac.nz). In the case where a report has been submitted, please also inform the Academic Committees and Services Office.

**Locality authorisation:** Studies requiring locality authorisation, i.e. permission from the organisations at which the study is taking place or from which participants are being accessed, must be confirmed before the study commences.

**Discontinuation:** Advise the Committee in writing as soon as practicable if the research project is discontinued.

**Amendments:** Make no change to the project as approved in its entirety by the Committee, including any wording in any document approved as part of the project, without prior written approval of the Committee for any change. If you are applying for an amendment to your approved research, please email your request to the Academic Committees Office:

gary.witte@otago.ac.nz

jo.farronediaz@otago.ac.nz

**Final report:** The Human Ethics Committee asks for a Final Report to be provided upon completion of the study. The Final Report template can be found on the Human Ethics Web Page

<http://www.otago.ac.nz/council/committees/committees/HumanEthicsCommittees.html>

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Gary Witte', is written over a light blue horizontal line.

Mr Gary Witte  
**Manager, Academic Committees and Services**  
Tel: 479 8256  
Email: gary.witte@otago.ac.nz

c.c. Professor R Taylor HOD Department of Medicine