

Ms Jacquie Couldrick
11 Kirinari Street
Bruce ACT 2617

ACT Reference	2021.ETH.00061
REGIS Reference	2021/ETH00809
Study Title	Why Does GLA:D work ? A pilot study investigating the link between biomechanical factors and a successful outcome for movement retraining in people with knee osteoarthritis

This submission has been assessed under the usual guidelines for research ethics and site governance. Australian, State and Territory Government and relevant institution COVID-safety guidelines must be followed.

Dear Ms Couldrick,

The ACT Health Human Research Ethics Committee considered the above referenced proposal at its meeting of 7 June 2021.

I am pleased to inform you that, following further correspondence, the committee agreed the proposal satisfied the requirements for ethically acceptable research as per the National Statement on Ethical Conduct in Human Research and as such the application has been approved out of session.

Approval includes the following documents:

- Human Research Ethics Application, created 25 April 2021
- Protocol version 0, dated 31 August 2021
- Participant Information and Consent Form Version 0.1 dated 27 June 2021
- Advertising Poster, version 0, dated 21 April 2021
- GLAD Baseline Questionnaire, dated July 2020
- GLAD Australia 3 Month Questionnaire, dated July 2020
- Brief Fear of Movement (BFORMOS) – GLAD Pilot, version 0, dated 27 June 2021
- PCS Australia/English, version of 24 April 2017
- Radiation Safety Report, with last signature dated 20 April 2021

The following documents have been noted:

- Response to Feedback, dated 30 June 2021
- Arthritis ACT COVID-19 Action Plan
- Arthritis Infection Prevention and Control Procedure Manuel
- University of Canberra (UC) COVID-19 Project Risk Assessment and Mitigation Plan
- UCRISE Induction Manual, version 1, dated 20 January 2020
- Letter of support, dated 7 May 2021 from UC
- Letter of support, dated 7 May 2021 from CHS

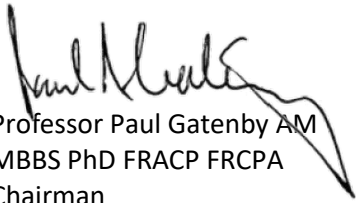
- Letter of support, dated 7 May 2021 from Arthritis ACT

The ACT Health Human Research Ethics Committee is constituted according to the National Statement on Ethical Conduct in Human Research 2007 and is certified for single review of multi-centre clinical trials. ACT Health HREC operates in compliance with applicable regulatory requirements and the principles of the International Conference on Harmonization Guidelines on Good Clinical Practice.

Please see attached Conditions of Approval.

Please note: this letter gives approval for ACT Health/Canberra Health Services sites only. Please ensure appropriate site specific approvals are in place at other sites.

Yours sincerely,



Professor Paul Gatenby AM
MBBS PhD FRACP FRCPA
Chairman
ACT Health Human Research Ethics Committee

31 August 2021

Conditions of Approval

ACT Reference	2021.ETH.00061
REGIS Reference	2021/ETH00809
Study Title	Why Does GLA:D work ? A pilot study investigating the link between biomechanical factors and a successful outcome for movement retraining in people with knee osteoarthritis
Principal Investigator	Ms Jacquie Couldrick
Date of Approval	31 August 2021

This submission has been assessed under the usual guidelines for research ethics and site governance. Australian, State and Territory Government and relevant institution COVID-safety guidelines must be followed.

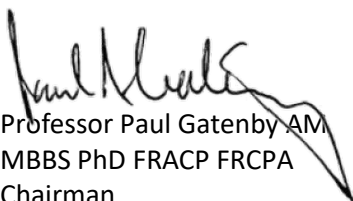
This project was considered by the ACT Health Human Research Ethics Committee's Low Risk Sub-Committee and approved for a period of one year from 31 August 2021 to 31 August 2022.

NOTE: Projects approved for one year will be automatically marked as 'closed' by the secretariat office on the anniversary of the approval date. This means ethical approval is no longer current and work must not continue on this project. If additional time is required you will need to submit a request for extension of the ethical approval period prior to the anniversary date.

As the project will close automatically you are not required to submit a final report. For the duration of the approval period you will be required to report any amendments and breaches as per the reporting requirements below.

Reporting requirements:

- Amendments to the protocol or project plan
- Changes to project personnel
- Breaches of security of records
- Breaches of compliance with approved consent procedures and documentation
- Breaches of compliance with other approved procedures
- Unexpected adverse effects on participants
- Unforeseen events that might affect continued ethical acceptability of the project.
- All published reports to carry an acknowledgement stating:
 - Approved on 16 September 2021 by the ACT Health Human Research Ethics Committee



Professor Paul Gatenby AM
MBBS PhD FRACP FRCPA
Chairman
ACT Health Human Research Ethics Committee

31 August 2021