

Our reference 35493

11 January 2022

Professor Gary Wittert  
Medical Specialties

Dear Professor Wittert

**ETHICS APPROVAL No:** H-2022-002  
**PROJECT TITLE:** Improving chronic disease outcomes remotely with a digital NUDGE in individuals with type 2 diabetes (NUDGE)

The ethics application for the above project has been reviewed by the Human Research Ethics Committee and is deemed to meet the requirements of the *National Statement on Ethical Conduct in Human Research 2007 (Updated 2018)*.

You are authorised to commence your research on: 11/01/2022  
The ethics expiry date for this project is: 31/01/2025

**NAMED INVESTIGATORS:**

Chief Investigator:	Professor Gary Wittert
Associate Investigator:	Dr Niranjan Bidargaddi
Associate Investigator:	Professor Eva Kemps
Associate Investigator:	Dr Natalie Luscombe
Associate Investigator:	Professor Robert Adams
Associate Investigator:	Dr Andrew Vakulin
Associate Investigator:	Dr Wenhao Li
Associate Investigator:	Professor Leonie Kaye Heilbronn
Associate Investigator:	Dr Andrew Vincent
Associate Investigator:	Miss Lijun Zhao
Associate Investigator:	Ms Fiona Benton

**CONDITIONS OF APPROVAL:** Thank you for your response to the matters raised. The revised application provided 22.12.2021 has been approved.

Ethics approval is granted for three years and is subject to satisfactory annual reporting. The form titled Annual Report on Project Status is to be used when reporting annual progress and project completion and can be downloaded at <http://www.adelaide.edu.au/research-services/oreci/human/reporting/>. Prior to expiry, ethics approval may be extended for a further period.

Participants in the study are to be given a copy of the information sheet and the signed consent form to retain. It is also a condition of approval that you immediately report anything which might warrant review of ethical approval including:

- serious or unexpected adverse effects on participants,
- previously unforeseen events which might affect continued ethical acceptability of the project,
- proposed changes to the protocol or project investigators; and
- the project is discontinued before the expected date of completion.

Yours sincerely,

Professor Paul Delfabbro  
Convenor

The University of Adelaide