**Statistical Analysis:**

**Number of volunteers:** In the study, when the Modified Ashworth Scale (MAS) was taken as the primary outcome variable and stage 4 patients according to MAS were not included, One unit decrease in MAS was considered significant, and a total of 68 volunteers were planned to be recruited when power analysis was performed with 80% power and 5% margin of error. However, due to the nature of the study, it was planned to include a total of 80 volunteers, with a 15% loss expected.