

22 October 2020

Ms Danielle Feil
Physiotherapist
494 Glenhuntly Road
ELSTERNWICK VIC 3185

Dear Dani

09-05-11-20

Living well with secondary breast cancer - the clinical outcomes and patient perceptions of a combined exercise and educational support group

Thank you for requesting approval to conduct this study.

This study is now approved. The proposal now meets the requirements of the National Statement on Ethical Conduct in Human Research, 2007 and subsequent amendments. This project was approved under our expedited approval process for projects assessed as being of low or negligible risk.

If the study does not commence before the anniversary of approval, approval will lapse. Approval is ongoing for the life of the project, subject to satisfactory compliance and reporting.

In accordance with section 5.5 on monitoring of the NHMRC's *National Statement on Ethical Conduct in Human Research* (2007), you are obliged to:

- provide Cabrini Research Governance with annual reports on the anniversary of this approval;
- provide Cabrini Research Governance with a final report on study completion;
- be available for audits/site visits/interviews as requested.

In addition, you are obliged to inform Cabrini Research Governance of:

- any change to the protocol, participant information or consent form;
- any adverse events that occur during the process of this trial as per CHREC guidelines;
- any changes to the research team;
- study completion;
- any change in the financial arrangements regarding the study.

Cabrini Institute

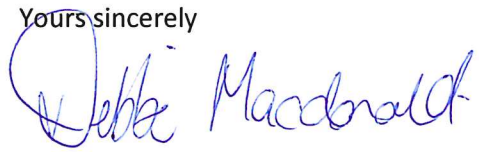
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Cabrini should be acknowledged in all papers developed from this study.

We wish you well with your project.

Yours sincerely

A handwritten signature in blue ink that reads "Deb Macdonald". The signature is written in a cursive style with a large, looped initial "D".

Deb Macdonald
Cabrini Research Governance