

Breaking the Man Code: FOLLOW UP SURVEY
Title for Participants: Follow up Wellbeing Survey

#	Variable name	Text	Response options	Values	Rules	Response required?	Item source
0.		<p>Thanks for agreeing to take part in our study, we really appreciate it.</p> <p>The survey won't take long.</p> <p>Most of the questions are multiple choice.</p> <p>Just give the first answer that comes to your mind and don't think about it too much. This is not test!</p> <p>There are no right or wrong answers. No one will see your responses except the researchers and we won't know your name.</p>	Start survey				Monash
1.		If you were having a personal or emotional problem, how likely is it that you would seek help from the following people?	Start GHSQ				GHSQ
2.	ghsq1	Intimate partner (e.g. girlfriend, boyfriend)	<p>Extremely unlikely</p> <p>-</p> <p>Unlikely</p> <p>-</p> <p>Likely</p> <p>-</p> <p>Extremely likely</p>	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p> <p>7</p>		Yes	GHSQ
3.	ghsq2	Friend	<p>Extremely unlikely</p> <p>-</p> <p>Unlikely</p> <p>-</p> <p>Likely</p> <p>-</p> <p>Extremely likely</p>	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p> <p>7</p>		Yes	GHSQ
4.	ghsq3	Parent	<p>Extremely unlikely</p> <p>-</p> <p>Unlikely</p> <p>-</p> <p>Likely</p> <p>-</p>	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p>		Yes	GHSQ

			Extremely likely	7		
5.	ghsq4	Other relative / family member	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
6.	ghsq5	Mental health professional (e.g. psychologist, social worker, counsellor)	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
7.	ghsq6	Phone helpline (e.g. Kidsline, Lifeline)	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
8.	ghsq7	Doctor/GP	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
9.	ghsq8	People online – forum, chat room, support group etc.	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		

			Likely	5		
			-	6		
			Extremely likely	7		
10.	ghsq9	Minister or religious leader (e.g. Priest, Rabbi, Chaplain, Mullah)	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
11.	ghsq10	Someone at school, e.g. counsellor, wellbeing officer, teacher	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
12.	ghsq11	I would not seek help from anyone	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
13.	ghsq12 ghsq12_txt	Someone else, not listed above (please specify) _____	Extremely unlikely	1	No	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
14.	barrier1 barrier2	What reasons would stop you asking for help for a personal or emotional problem? Select all that apply.	I prefer to manage myself	0 or 1	Multiple responses. If they say none, then cannot select the other options. If they	Yes Monash
			I don't think anything could help	0 or 1		

	barrier3		I don't know where to get help	0 or 1	select one of the other options, then cannot select none. Each response is a separate variable coded as 1 if selected and either 0 or blank if not selected.	
	barrier4		I am afraid what others would think of me if I asked for help	0 or 1		
	barrier5		I am too embarrassed to talk to someone about my problem	0 or 1		
	barrier6		I can't afford the money	0 or 1		
	barrier7		In the past I asked but no one help me	0 or 1		
	barrier8	barrier8_txt	Other (please specify) ____	0 or 1		
	barrier9		None	0 or 1		
15.		Thinking about your own actions, feelings and beliefs, please indicate how much you personally agree or disagree with each statement. There are no right or wrong answers – you should just give the responses that most accurately describe your personal actions, feelings and beliefs. It is best if you respond with your first impression when answering.	Start CMNI	n/a		CMNI-22
16.	cmni1	My work/school is the most important part of my life	Strongly disagree Disagree Agree Strongly agree	0 1 2 3		Yes CMNI-22
17.	cmni2	I make sure people do as I say	Strongly disagree Disagree Agree Strongly agree	0 1 2 3		Yes CMNI-22
18.	cmni3	In general, I do not like risky situations	Strongly disagree Disagree Agree Strongly agree	0 1 2 3	Will be reverse coded in the analysis stage	Yes CMNI-22
19.	cmni4	It would be awful if someone thought I was gay	Strongly disagree Disagree Agree Strongly agree	0 1 2 3		Yes CMNI-22
20.	cmni5	I think it is okay for men to be in charge of women.	Strongly disagree Disagree Agree Strongly agree	0 1 2 3		Yes CMNI-22

21.	cmni6	I like to talk about my feelings	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
22.	cmni7	I would feel good if I had many girlfriends/boyfriends	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
23.	cmni8	It is important to me that people think I am heterosexual	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
24.	cmni9	I believe that violence is never justified	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
25.	cmni10	I tend to share my feelings	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
26.	cmni11	I should be in charge	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
27.	cmni12	I would hate to be important	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
28.	cmni13	Sometimes violent action is necessary	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			

29.	cmni14	I don't like giving all my attention to work/school	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
30.	cmni15	More often than not, losing does not bother me	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
31.	cmni16	If I could, I would frequently change girlfriends/boyfriends	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
32.	cmni17	I never do things to be an important person	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
33.	cmni18	I never ask for help	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
34.	cmni19	I enjoy taking risks	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
35.	cmni20	Men and women should respect each other as equals	Strongly disagree	0	Will be reverse coded in the analysis stage	Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
36.	cmni21	Winning isn't everything, it's the only thing	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			

37.	cmni22	It bothers me when I have to ask for help	Strongly disagree Disagree Agree Strongly agree	0 1 2 3	Yes	CMNI-22
38.		Thanks so much for answering our questions so far. Remember to just give the first answer that comes to your mind, no need to think about it too hard. Keep going!	Encouraging statement 1			Monash
39.		In the <i>last two weeks</i> , how much do these statements apply to you?	Start MDRS	n/a		MDRS-7
40.	mdrs1	I bottled up my negative feelings	None of the time A little of the time Some of the time Most of the time All of the time	0 1 2 3 4	Yes	MDRS-7
41.	mdrs2	I had unexplained aches and pains	None of the time A little of the time Some of the time Most of the time All of the time	0 1 2 3 4	Yes	MDRS-7
42.	mdrs3	I needed alcohol to help me unwind	None of the time A little of the time Some of the time Most of the time All of the time	0 1 2 3 4	Yes	MDRS-7
43.	mdrs4	I overreacted to situations with aggressive behaviour	None of the time A little of the time Some of the time Most of the time All of the time	0 1 2 3 4	Yes	MDRS-7
44.	mdrs5	I stopped caring about the consequences of my actions	None of the time A little of the time Some of the time Most of the time All of the time	0 1 2 3 4	Yes	MDRS-7
45.	mdrs6	It was difficult to manage my anger	None of the time	0	Yes	MDRS-7

			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
46.	mdrs7	Using drugs provided temporary relief	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
47.		People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	Start MOS	n/a		MOS-SS
48.	mos1	Someone you can count on to listen to you when you need to talk	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
49.	mos2	Someone to give you information to help you understand a situation	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
50.	mos3	Someone to give you good advice about a crisis	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
51.	mos4	Someone to confide in or talk to about yourself or your problems	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
52.	mos5	Someone whose advice you really want	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		

			All of the time	5		
53.	mos6	Someone to share your most private worries and fears with	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
54.	mos7	Someone to turn to for suggestions about how to deal with a personal problem	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
55.	mos8	Someone who understands your problems	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
56.		These questions ask about how you are today . For each question, read all the choices and decide which one is most like you today . Then select the appropriate response.	Start CHU-9D	n/a		CHU-9D
57.	chu1	Worried	I don't feel worried today	1	Yes	CHU-9D
			I feel a little bit worried today	2		
			I feel a bit worried today	3		
			I feel quite worried today	4		
			I feel very worried today	5		
58.	chu2	Sad	I don't feel sad today	1	Yes	CHU-9D
			I feel a little bit sad today	2		
			I feel a bit sad today	3		
			I feel quite sad today	4		
			I feel very sad today	5		
59.	chu3	Pain	I don't have any pain today	1	Yes	CHU-9D
			I have a little bit of pain today	2		
			I have a bit of pain today	3		
			I have quite a lot of pain today	4		
			I have a lot of pain today	5		
60.	chu4	Tired	I don't feel tired today	1	Yes	CHU-9D
			I feel a little bit tired today	2		

			I feel a bit tired today	3		
			I feel quite tired today	4		
			I feel very tired today	5		
61.	chu5	Annoyed	I don't feel annoyed today	1	Yes	CHU-9D
			I feel a little bit annoyed today	2		
			I feel a bit annoyed today	3		
			I feel quite annoyed today	4		
			I feel very annoyed today	5		
62.	chu6	Work/study (such as reading, writing, doing assignments)	I have no problems with my work/study today	1	Yes	CHU-9D
			I have a few problems with my work/study today	2		
			I have some problems with my work/study today	3		
			I have many problems with my work/study today	4		
			I can't do my work/study today	5		
63.	chu7	Sleep	Last night I had no problems sleeping	1	Yes	CHU-9D
			Last night I had a few problems sleeping	2		
			Last night I had some problems sleeping	3		
			Last night I had many problems sleeping	4		
			Last night I couldn't sleep at all	5		
64.	chu8	Daily Routine (things like eating, having a bath/shower, getting dressed)	I have no problems with my daily routine today	1	Yes	CHU-9D
			I have a few problems with my daily routine today	2		
			I have some problems with my daily routine today	3		
			I have many problems with my daily routine today	4		
			I can't do my daily routine today	5		
65.	chu9	Able to join in activities (things like playing out with your friends, doing sports, joining in things)	I can join in with any activities today	1	Yes	CHU-9D
			I can join in with most activities today	2		
			I can join in with some activities today	3		
			I can join in with a few activities today	4		
			I can join in with no activities today	5		
66.		You are over half-way through now! Thanks so much. The next few questions are about any help you have recently received for your mental health. Keep going! Nearly there!	Encouraging statement 2			Monash
67.		Please read the following questions carefully, select the appropriate boxes and answer the questions when indicated. If you are unsure, it's okay to provide your best guess according to what you know.	Start RUQ	n/a		Deakin RUQ
68.	gp	In the past two weeks , have you seen a General Practitioner (Doctor/GP) because of your mental health?	No	0	Skip to #73 if = 0	Yes
			Yes	1		Deakin RUQ

69.	gpnum	In the <i>past two weeks</i> , how many times did you see a General Practitioner (Doctor/GP) because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
70.	gploc	Where did you see the General Practitioner (Doctor/GP)?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
71.	gppay	Did you or your parents pay each time you used this service?	No	0	Skip to #73 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
72.	gpoop	On average, how much of your own or your parent's money did you pay each time you saw a General Practitioner (Doctor/GP)?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
73.	paed	In the <i>past two weeks</i> , have you seen a paediatrician because of your mental health?	No	0	Skip to #78 if = 0	Yes	Deakin RUQ
			Yes	1			
74.	paednum	In the <i>past two weeks</i> , how many times did you see a paediatrician because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
75.	paedloc	Where did you see the paediatrician?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
76.	paedpay	Did you or your parents pay each time you used this service?	No	0	Skip to #78 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
77.	paedoop	On average, how much of your own or your parent's money did you pay each time you saw a paediatrician?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
78.	psychol	In the <i>past two weeks</i> , have you seen a psychologist because of your mental health?	No	0	Skip to #83 if = 0	Yes	Deakin RUQ
			Yes	1			

79.	psycholnum	In the <i>past two weeks</i> , how many times did you see a psychologist because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
80.	psycholloc	Where did you see the psychologist?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
81.	psycholpay	Did you or your parents pay each time you used this service?	No	0	Skip to #83 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
82.	psycholloop	On average, how much of your own or your parent's money did you pay each time you saw a psychologist?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
83.	psych	In the <i>past two weeks</i> , have you seen a psychiatrist because of your mental health?	No	0	Skip to #88 if = 0	Yes	Deakin RUQ
			Yes	1			
84.	psychnum	In the <i>past two weeks</i> , how many times did you see a psychiatrist because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
85.	psychloc	Where did you see the psychiatrist?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
86.	psychpay	Did you or your parents pay each time you used this service?	No	0	Skip to #88 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
87.	psychoop	On average, how much of your own or your parent's money did you pay each time you saw a psychiatrist?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
88.	casem	In the <i>past two weeks</i> , have you seen a case manager because of your mental health?	No	0	Skip to #93 if = 0	Yes	Deakin RUQ
			Yes	1			

89.	casemnum	In the <i>past two weeks</i> , how many times did you see a case manager because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
90.	casemloc	Where did you see the case manager?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
91.	casempay	Did you or your parents pay each time you used this service?	No	0	Skip to #93 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
92.	casemoop	On average, how much of your own or your parent's money did you pay each time you saw a case manager?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
93.	couns	In the <i>past two weeks</i> , have you seen a counsellor because of your mental health?	No	0	Skip to #98 if = 0	Yes	Deakin RUQ
			Yes	1			
94.	counsnum	In the <i>past two weeks</i> , how many times did you see a counsellor because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
95.	counslloc	Where did you see the counsellor?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
96.	counspay	Did you or your parents pay each time you used this service?	No	0	Skip to #98 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
97.	counsoop	On average, how much of your own or your parent's money did you pay each time you saw a counsellor?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
98.	nurse	In the <i>past two weeks</i> , have you seen a nurse because of your mental health?	No	0	Skip to #103 if = 0	Yes	Deakin RUQ
			Yes	1			

99.	nursenum	In the <i>past two weeks</i> , how many times did you see a nurse because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
100.	nurseloc	Where did you see the nurse?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
101.	nursepay	Did you or your parents pay each time you used this service?	No	0	Skip to #103 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
102.	nurseoop	On average, how much of your own or your parent's money did you pay each time you saw a nurse?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
103.	social	In the <i>past two weeks</i> , have you seen a social worker because of your mental health?	No	0	Skip to #108 if = 0	Yes	Deakin RUQ
			Yes	1			
104.	socialnum	In the <i>past two weeks</i> , how many times did you see a social worker because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
105.	socialloc	Where did you see the social worker?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
106.	socialpay	Did you or your parents pay each time you used this service?	No	0	Skip to #108 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
107.	socialoop	On average, how much of your own or your parent's money did you pay each time you saw a social worker?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
108.	welfare	In the <i>past two weeks</i> , have you seen a welfare officer because of your mental health?	No	0	Skip to #113 if = 0	Yes	Deakin RUQ
			Yes	1			

109.	welfarenum	In the <i>past two weeks</i> , how many times did you see a welfare officer because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
110.	welfareloc	Where did you see the welfare officer?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
111.	welfarepay	Did you or your parents pay each time you used this service?	No	0	Skip to #113 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
112.	welfareoop	On average, how much of your own or your parent's money did you pay each time you saw a welfare officer?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
113.	ot	In the <i>past two weeks</i> , have you seen an occupational therapist because of your mental health?	No	0	Skip to #118 if = 0	Yes	Deakin RUQ
			Yes	1			
114.	otnum	In the <i>past two weeks</i> , how many times did you see an occupational therapist because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
115.	otloc	Where did you see the occupational therapist?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
116.	otpay	Did you or your parents pay each time you used this service?	No	0	Skip to #118 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
117.	otoop	On average, how much of your own or your parent's money did you pay each time you saw an occupational therapist?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
118.	hp1	In the <i>past two weeks</i> , have you seen any other health professional because of your mental health?	No	0	Skip to #136 if = 0	Yes	Deakin RUQ
			Yes	1			

119.	hp1desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
120.	hp1num	In the <i>past two weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
121.	hp1loc	Where did you see this health professional?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
122.	hp1pay	Did you or your parents pay each time you used this service?	No	0	Skip to #123 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
123.	hp1oop	On average, how much of your own or your parent's money did you pay each time you saw this health professional?	\$ _____		Whole numbers only, 1-999	Yes	Deakin RUQ
			Don't know				
124.	hp2	In the <i>past two weeks</i> , have you seen any other health professional because of your mental health?	No	0	Skip to #136 if = 0	Yes	Deakin RUQ
			Yes	1			
125.	hp2desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
126.	hp2num	In the <i>past two weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
127.	hp2loc	Where did you see this health professional?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
128.	hp2pay	Did you or your parents pay each time you used this service?	No	0	Skip to #130 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			

129.	hp2oop	On average, how much of your own or your parent's money did you pay each time you saw this health professional?	\$ _____ Don't know		Whole numbers only, 1-999	Yes	Deakin RUQ
130.	hp3	In the <i>past two weeks</i> , have you seen any other health professional because of your mental health?	No Yes	0 1	Skip to #136 if = 0	Yes	Deakin RUQ
131.	hp3desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
132.	hp3num	In the <i>past two weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
133.	hp3loc	Where did you see this health professional?	Health professional's room or other private practice At school Hospital outpatient clinic At a drug or alcohol service At your home (someone visited you at home) Telehealth (video-conference, telephone etc.) Not sure	0 1 2 3 4 5 6		Yes	Deakin RUQ
134.	hp3pay	Did you or your parents pay each time you used this service?	No Yes Don't know	0 1 2	Skip to #136 if = 0 or 2	Yes	Deakin RUQ
135.	hp3oop	On average, how much of your own or your parent's money did you pay each time you saw this health professional?	\$ _____ Don't know		Whole numbers only, 1-999	Yes	Deakin RUQ
136.	ed	In the <i>past two weeks</i> , have you attended a hospital emergency department or casualty ward for your mental health?	No Yes	0 1	Skip to #140 if = 0	Yes	Deakin RUQ
137.	ednum	In the <i>past two weeks</i> , how many times have you attended a hospital emergency department or casualty ward for your mental health?	Number field		Whole numbers only, not zero	Yes	Deakin RUQ
138.	edpay	Did you or your parents pay each time you used this service?	No Yes Don't know	0 1 2	Skip to #140 if = 0 or 2	Yes	Deakin RUQ
139.	edoop	On average, how much of your own money did you pay each time you attended a hospital emergency department or casualty ward?	\$ _____ Don't know		Whole numbers only, not zero	Yes	Deakin RUQ
140.	med	Do you currently take any medications for emotional or behavioural concerns during the <i>last two weeks</i> ?	No Yes	0 1	Skip to #158 if = 0	Yes	Deakin RUQ
141.	medsleep	Have you taken any prescribed sleeping tablets or capsules in the <i>last two weeks</i> ?	No	0	Skip to #143 if=0 or 2	Yes	Deakin RUQ

			Yes	1			
			Don't know	2			
142.	medsleepdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
			Two times per day	1			
			Three times per day	2			
	medsleepdose_txt		Other, please specify ____	3			
143.	medsleepmonth	How long have you been taking the medicine during the last two weeks? Please give your best estimate.	____days		Whole numbers only, 1-14	Yes	Deakin RUQ
			Don't know				
144.	medanx	Have you taken any prescribed tablets or capsules for anxiety or nerves in the last two weeks?	No	0	Skip to #146 if=0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
145.	medanxdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
			Two times per day	1			
			Three times per day	2			
	medanxdose_txt		Other, please specify ____	3			
146.	medanxmonth	How long have you been taking the medicine during the last two weeks? Please give your best estimate.	____days		Whole numbers only, 1-14	Yes	Deakin RUQ
			Don't know				
147.	medtranq	Have you taken any prescribed tranquillisers in the last two weeks?	No	0	Skip to #149 if=0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
148.	medtranqdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
			Two times per day	1			
			Three times per day	2			
	medtranqdose_txt		Other, please specify ____	3			
149.	medtranqmonth	How long have you been taking the medicine during the last two weeks? Please give your best estimate.	____days		Whole numbers only, 1-14	Yes	Deakin RUQ
			Don't know				
150.	medanti	Have you taken any prescribed antidepressants in the last two weeks?	No	0	Skip to #152 if=0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
151.	medantidose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
			Two times per day	1			
			Three times per day	2			
	medantidose_txt		Other, please specify ____	3			
152.	medantimonth	How long have you been taking the medicine during the last two weeks? Please give your best estimate.	____days		Whole numbers only, 1-14	Yes	Deakin RUQ
			Don't know				

153.	medmood	Have you taken any prescribed mood stabilisers in the last two weeks ?	No Yes Don't know	0 1 2	Skip to #155 if=0 or 2	Yes	Deakin RUQ
154.	medmooddose medmooddose_txt	What is the dosage per day?	Once a day Two times per day Three times per day Other, please specify ____	0 1 2 3		Yes	Deakin RUQ
155.	medmoodmonth	How long have you been taking the medicine during the last two weeks ? Please give your best estimate.	____days		Whole numbers only, 1-14	Yes	Deakin RUQ
156.	medother medother_txt	Have you taken any other prescribed medications for your mental health in the last four weeks ? Please specify ____	No Yes Don't know	0 1 2	Skip to #163 if=0 or 2 unless #140=1 and #141 #144 #147 #150 #153 #156 all=0 then skip to #159	Yes	Deakin RUQ
157.	medotherdose medotherdose_txt	What is the dosage per day?	Once a day Two times per day Three times per day Other, please specify ____	0 1 2 3		Yes	Deakin RUQ
158.	medothermonth	How long have you been taking the medicine during the last two weeks ? Please give your best estimate.	____days Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
159.	medvalidate	You have indicated that you are currently (during the last two weeks) taking medications for emotional or behavioural concerns. However, you have not indicated what medications you are taking. Can you please confirm if you are currently (during the last two weeks) taking any medications for emotional or behavioural concerns?	Yes No	0 1	Skip to #163 if 1	Yes	Deakin RUQ
160.	medother2_txt	Please specify the name/s of any other prescribed medications.	Text field			Yes	Deakin RUQ
161.	medotherdose2 medotherdose2_txt	What is the dosage per day	Once a day Two times per day Three times per day Other, please specify ____	0 1 2 3		Yes	Deakin RUQ
162.	medothermonth2	How long have you been taking the medicine during the last two weeks ? Please give your best estimate.	____days Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
163.	hospital	Have you been admitted to a hospital because of mental health at least overnight in the last two weeks ?	No Yes	0 1	Skip to #165 if = 0	Yes	Deakin RUQ
164.	hospitalnum	In the last two weeks , how many nights in total did you spend in hospital for your mental health?	Number field Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
165.	resident	In the last two weeks , have you stayed at least overnight somewhere else for your mental health? Please specify ____	No	0	Skip to #167 if = 0	Yes	Deakin RUQ

	resident_txt		Yes	1			
166.	residentnum	In the last two weeks , how many nights in total did you stay in the facility for your mental health?	Number field Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
167.	school school_txt	How many days (approximately) have you missed school because of your mental health in the last two weeks ? Excluding school holidays.	Never missed school Missed ____ days Missed entire month or more Don't know	0 1 2 3	Whole numbers only, 1-14	Yes	Deakin RUQ
168.		Thinking back to the Tomorrow Man 'Breaking the Man Code' workshop your year level took part in at school a few weeks ago...	Start workshop questions		Intervention group only, waitlist control skip to #193		Monash & Tomorrow Man
169.	missws missws_txt	Did you attend the workshop?	No, why not _____ Yes	0 1	Skip to #171 if = 1	Yes	Monash
170.	wsvalidate	Please confirm that you did NOT attend the 'Breaking the Man Code' workshop at your school	I confirm that I did NOT attend the workshop I attended the workshop	0 1	Skip to #193 if 0	Yes	Monash
171.	ws_enjoy	Did you enjoy the workshop?	Did not enjoy the workshop at all Enjoyed the workshop very much	0 1 2 3 4 5 6 7 8 9 10		Yes	Tomorrow Man
172.	ws_recom	Would you recommend this workshop to others?	No Yes	0 1		Yes	Monash
173.		After taking part in the workshop did you change your attitudes or behaviours in any of the following ways?	Start				Monash & Tomorrow Man
174.	ws_change1	I feel more confident reaching out to a mate if I knew they were struggling	Yes, a lot Yes, a little No, not at all	0 1 2		Yes	Monash & Tomorrow Man
175.	ws_change2	I was able to talk with gravity to someone about something I'd been keeping to myself	Yes, a lot Yes, a little No, not at all	0 1 2		Yes	Monash & Tomorrow Man
176.	ws_change3	I was able to go a little deeper with my mates in conversation	Yes, a lot	0		Yes	Monash & Tomorrow Man

			Yes, a little	1		
			No, not at all	2		
177.	ws_change4	I felt overwhelmed about making changes	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
178.	ws_change5	I let a mate know I am there for them	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
179.	ws_change6	I talked to mates or family about what it means to be a man	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
180.	ws_change7	I got thinking about how frustrated or sad I am about parts of my life	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
181.	ws_change8	I changed my view about what it means to be a man	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
182.	ws_change9	I gained a deeper understanding about the pressures placed on men to act out the 'man code'	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
183.	ws_change10	I encouraged a mate to talk with someone about one of the issues going on in their life	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
184.	ws_change11	I find it difficult to leave the 'man code'	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
185.	ws_change12	I think others wouldn't like it if I acted outside the 'man code'	Yes, a lot	0	Yes	Monash & Tomorrow Man
			Yes, a little	1		
			No, not at all	2		
186.	ws_like	What parts did you like most about the workshop?			Text box	No Monash
187.	ws_dislike	What parts did you like least about the workshop?			Text box	No Monash
188.	ws_changeidea	Did the workshop change your ideas about the sort of man you'd like to be? How did they change?			Text box	No Monash

189.	ws_changetalkmate	Did the workshop change the way you talk with your mates about personal stuff? How do you do it differently now?	Text box	No	Monash
190.	ws_changetalkfam	Did the workshop change the way you talk with your family about personal stuff? How do you do it differently now?	Text box	No	Monash
191.	ws_family	How do you think your family would respond if you showed that you were sad or upset about a personal problem?	Text box	No	Monash
192.	ws_other	Is there anything else you want to tell us about the workshop?	Text box	No	Monash
193.		<p>Thank you for taking part in this study.</p> <p>If you feel upset by any of the questions please speak to a trusted person such as the teacher in your class right now, another teacher, a parent or someone at the services listed below.</p> <p>Kids Helpline 24-hour Freecall telephone counselling for young people under 18 years Ph: 1800 551 800 Website: kidshelp.com.au</p> <p>Lifeline A 24-hour Freecall telephone counselling service for all ages Ph: 13 11 14 Website: lifeline.org.au</p> <p>Headspace For information, resources and services for youth mental health Website: headspace.org.au</p> <p>ReachOut Online mental health service for young people going through 'tough times' Website: reachout.com.au</p>	"Finish" button	Include clickable links	Monash