



21-Jan-2020

Dear Dr Mark Deady,

Project Title	Randomised controlled trial of Anchored, an app-based intervention to support the mental health of Australian workers
HC No	HC190914
Re	HC190914 Notification of Ethics Approval
Approval Period	20-Jan-2020 - 19-Jan-2025

Thank you for submitting the above research project to the **HREC Executive** for ethical review. This project was considered by the **HREC Executive** at its meeting on **16-Jan-2020**.

I am pleased to advise you that the **HREC Executive** has granted ethical approval of this research project. The following condition(s) must be met before data collection commences:

Conditions of Approval:

N/A

Conditions of Approval - All Projects:

- The Chief Investigator will immediately report anything that might warrant review of ethical approval of the project.
- The Chief Investigator will seek approval from the **HREC Executive** for any modifications to the protocol or other project documents.
- The Chief Investigator will notify the **HREC Executive** immediately of any protocol deviation or adverse events or safety events related to the project.
- The Chief Investigator will report to the **HREC Executive** annually in the specified format and notify the **HREC Executive** when the project is completed at all sites.
- The Chief Investigator will notify the **HREC Executive** if the project is discontinued before the expected completion date, with reasons provided.
- The Chief Investigator will notify the **HREC Executive** of his or her inability to continue as Coordinating Chief Investigator including the name of and contact information for a replacement.

The **HREC Executive** Terms of Reference, Standard Operating Procedures, membership and standard forms are available from <https://research.unsw.edu.au/research-ethics-and-compliance-support-recs>.

If you would like any assistance, or further information, please contact the ethics office on:

P: +61 2 9385 6222, + 61 2 9385 7257 or + 61 2 9385 7007

E: humanethics@unsw.edu.au

Kind Regards,

A handwritten signature in black ink, appearing to read 'K. Petoumenos', with a horizontal line underneath the name.

Associate Professor Kathy Petoumenos

HREC Presiding Chairperson

This HREC is constituted and operates in accordance with the National Health and Medical Research Council's (NHMRC) *National Statement on Ethical Conduct in Human Research (2007)*. The processes used by this HREC to review multi-centre research proposals have been certified by the National Health and Medical Research Council.