



Ethics Office
Research Development & Integrity
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HUMAN RESEARCH ETHICS COMMITTEE

MEMORANDUM TO: A/Prof Navjot Bhullar, Dr Bethany Wootton, Dr Suzie Cosh
& Miss Peta Maguire
School of Psychology

This is to advise you that the Human Research Ethics Committee has approved the following:

PROJECT TITLE: Efficacy and acceptability of a remotely delivered
transdiagnostic cognitive behavioural therapy
treatment for perinatal anxiety: A case series.

APPROVAL No.: **HE20-218**

COMMENCEMENT DATE: 21 January, 2021

APPROVAL VALID TO: 20 January, 2022

COMMENTS: Nil. Conditions met in full

The Human Research Ethics Committee may grant approval for up to a maximum of three years. For approval periods greater than 12 months, researchers are required to submit an application for renewal at each twelve-month period. All researchers are required to submit a Final Report at the completion of their project. The Progress/Final Report Form is available at the following web address:
<http://www.une.edu.au/research/research-services/rdi/ethics/hre/hrec-forms>

The NHMRC National Statement on Ethical Conduct in Research Involving Humans requires that researchers must report immediately to the Human Research Ethics Committee anything that might affect ethical acceptance of the protocol. This includes adverse reactions of participants, proposed changes in the protocol, and any other unforeseen events that might affect the continued ethical acceptability of the project.

In issuing this approval number, it is required that all data and consent forms are stored in a secure location for a minimum period of five years. These documents may be required for compliance audit processes during that time. If the location at which data and documentation are retained is changed within that five year period, the Research Ethics Officer should be advised of the new location.

Bethany Ayers
HREC Secretary
Research Ethics Officer