

11<sup>th</sup> February 2019

Ms S Savio  
Nutrition Dept  
WCHN

**Research Secretariat**  
Level 2, Samuel Way Building  
72 King William Road  
North Adelaide SA 5006  
Tel 08 8161 6390  
Tel 08 8161 6521  
www.wch.sa.gov.au

Dear Ms Savio

**Re: Evaluating a nutrition education website for young people with type 1 diabetes.  
HREC/18/WCHN/138. Ethics expiry date: 28/02/2022.**

**Lead HREC for the above study for the following institutions/sites:**

Women's and Children's Health Network

I refer to your emails dated 23<sup>rd</sup> January 2019 and 5<sup>th</sup> February 2019 in which you responded to matters raised by the WCHN Human Research Ethics Committee at its 24<sup>th</sup> October 2018 meeting. I am pleased to advise that your protocol has been granted full ethics approval and meets the requirements of the *National Statement on Ethical Conduct in Human Research*.

Specifically, the following documents have been noted/approved:

<i>Document</i>	<i>Version</i>	<i>Date</i>
Patient Information Sheet/Consent Form: participant info sheet	4	05 February 2019
Patient Information Sheet/Consent Form: Consent form	1	09 October 2018
Questionnaire/s: DTSQc teen - Sample only	1	
Questionnaire/s: DTSQc parent- Sample only	1	
Questionnaire/s: DTSQs teen - Sample only	1	
Questionnaire/s: DTSQs parent - Sample only	1	
Protocol	3	05 February 2019
HREA Application ; AU/1/56D8312		09 October 2018
Website Privacy and Security Information		05 February 2019
eNutricarb Quiz		
Children's Dietary Questionnaire		
Survey Questions		

**This letter constitutes advice on ethical consideration only. You must not commence this research project at a site until you have obtained separate research governance approval from the site concerned. A copy of this letter should be forwarded to all site investigators for submission to the relevant Research Governance Officer.**

At the WCHN, or any other SA Health site, separate authorisation from the Chief Executive or delegate of that site must be obtained through a Site Specific Assessment (SSA) request. For information on this process at the WCHN, please contact the WCHN Research Governance Officer, Ms Camilla Liddy (telephone 8161 6688, email [camilla.liddy@sa.gov.au](mailto:camilla.liddy@sa.gov.au)).

I remind you approval is given subject to:

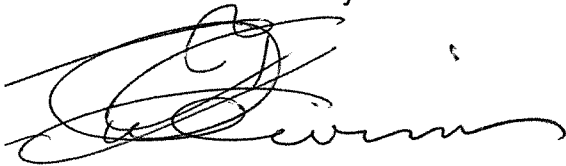
- immediate notification of any serious or unexpected adverse events to participants;
- immediate notification of any unforeseen events that might affect continued ethical acceptability of the project;



- submission of any proposed changes to the original protocol. Changes must be approved by the Committee before they are implemented;
- immediate advice, giving reasons, if the protocol is discontinued before its completion;
- submission of an annual report on the progress of the study, and a final report when it is completed to the WCHN Research Governance Officer. It is your responsibility to provide these reports, without reminder. The proforma for the report may be found on the WCHN Research Governance and Ethics website.

Approval is given for three years only. If the study is more prolonged than this, an extension request should be submitted unless there are significant modifications, in which case a new submission may be required. Please note the expiry date in the title above and include it in any future communications.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Tamara Zutlevics', written in a cursive style.

TAMARA ZUTLEVICS (DR)  
CHAIR  
WCHN HUMAN RESEARCH ETHICS COMMITTEE