

Ref. No: UPM/TNCPI/RMC/JKEUPM/1.4.18.2(JKEUPM)

Date: 3 October 2019

Dear Prof./Dr./Mr./Ms.,

APPLICATION FOR JKEUPM ETHICAL CLEARANCE: APPROVED

With reference to the above, I am pleased to inform you that your application for ethical clearance for the research project entitled '**Effectiveness of Home-Based Physical Activity for Survivors (HoPS) Programme in Enhancing Physical Activity Among National Cancer Society of Malaysia Volunteers**' has been approved.

Please note that the official letter of approval will be issued as soon as possible. However, the ethical clearance is considered effective from the date of this email, and you may now proceed with your research.

Kindly remind the ethical approval is required in the case of amendments/ changes to the study documents/ study sites/ study team.

Researchers should also complete a Study Final Report upon study completion. The form can be obtained from the Ethics Committee for Research Involving Human Subjects (JKEUPM) website (<http://www.tncpi.upm.edu.my/faildokumen>).

If you have any enquiries, please contact Ms. Nurulhasanah Ishak (03-97691605) or Ms. Nor Ellia Abd Ajis (03-97691244).

Note: Please use this reference number for any transaction. - **JKEUPM-2019-323**

Thank you.

Yours faithfully,

Prof. Dr. Zamberi Sekawi
Chair
Ethics Committee for Research Involving Human Subjects
Universiti Putra Malaysia