

Dr Darren Morton
Avondale College of Higher Education
582 Freemans Drive
COORANBONG NSW 2265

17 July 2018

Dear Darren,

Thank you for submitting an application for ethics approval to the Avondale Human Research Ethics Committee for your project entitled: *The Influence of Human Support on Adherence to, and Outcomes of, an Online, Lifestyle-based Mental Health Intervention*.

I am pleased to advise that final approval is granted for your project. Approval is granted for the duration of your project to August 2020; project number 2018.09.

The following additional standard conditions apply:

1. That you notify the committee of any changes to circumstances or research design, which might require a review of the ethics approval.
2. That you provide an annual interim report of your progress to the committee, and a final report once this project is completed.

We wish you well in this valuable research endeavour.

Kind regards,

Nicole Meintjes
Secretary
Human Research Ethics Committee