

ISN Psychology HREC

Thursday 16th May, 2019

Ms Sally Poon
ISN Psychology
15/443 Upper Heidelberg Road
Ivanhoe 3079

Dear Ms Poon,

HREC Reference number: 190501

Project title: A pilot study testing the effectiveness of assertiveness training on social anxiety in a virtual reality setting

Thank you for submitting the above research project for ethical review. This project was reviewed by the ISN Psychology HREC at its meeting held on Thursday 2nd May.

I am pleased to advise you that the above research project meets the requirements of the *National Statement on Ethical Conduct in Human Research (2007)* and ethical approval for this research project has been granted by the ISN Psychology HREC.

The approved documents include:

Document	Version	Date
Participant information sheet	2	13/05/19
Consent form	-	-
A4 flyer	-	-
Assertiveness self-training module	-	-
Assertiveness VR dialogue	-	-
Await outcome page	-	-
Disqualify page	-	-
Post-test Questionnaire	-	-
Screening Questionnaire	-	-

Approval of this project from the ISN Psychology HREC is valid from **16th May 2019** to **16th November 2020** subject to the following conditions being met:

- Given that this is a clinical trial, the Principal Investigator will register the trial in a publicly accessible register such as <http://www.anzctr.org.au/> prior to recruitment of the first participant.

- The Principal Investigator will immediately report anything that might warrant review of ethical approval of the project.
- The Principal Investigator will notify the ISN Psychology HREC of any event that requires a modification to the protocol or other project documents and submit any required amendments in accordance with the instructions provided by the HREC.
- The Principal Investigator will submit any necessary reports related to the safety of research participants in accordance with the ISN Psychology HREC policy and procedures.
- The Principal Investigator will report to the ISN Psychology HREC annually and upon completion of the project in the specified format.
- The Principal Investigator will notify the ISN Psychology HREC if the project is discontinued before the expected completion date, with reasons provided.
- The Principal Investigator will notify the ISN Psychology HREC of any plan to extend the duration of the project past the approval period listed above and will submit any associated required documentation.
- The Principal Investigator will notify the ISN Psychology HREC of his or her inability to continue as Principal Investigator including the name of and contact information for a replacement.

Should you have any queries about the ISN HREC's consideration of your project please contact Heather Madsen at ethics@isn.edu.au. The ISN Psychology HREC wishes you every success in your research.

Yours faithfully,

A handwritten signature in black ink that reads "Scott Phillips". The signature is written in a cursive, flowing style.

Dr Scott Phillips
Chairperson
ISN Psychology HREC

This HREC is constituted and operates in accordance with the *National Statement on Ethical Conduct in Human Research (2007)*.