



Institutional Review Board Approval Letter For Research Involving Human Subjects

Principal Investigator:	Mr Kwok Boon Chong
Project Title:	The Effect of Load and Repetition Velocity on Recruitment Timing of Middle Trapezius and Posterior Deltoid in Prone Shoulder Horizontal Abduction with External Rotation
Project Number:	2019104
Action:	APPROVED
Approval Date:	8 May 2019
Expiry Date:	31 December 2019

Dear Mr Kwok,

The materials for the project referenced above has been reviewed and approved by the SIT IRB by EXPEDITED REVIEW.

SIT IRB approval is given with the understanding that the most recently approved procedures will be followed and the most recently approved consenting documents will be used. If modifications are needed, those changes may not be initiated until such modifications have been submitted to the SIT IRB for review and have been granted approval.

Studies cannot be conducted beyond expiry date without re-approval by the SIT IRB. Please be reminded to apply for and receive continuing approval for the duration of the study.

SIT, Institutional Review Board

Professor Ponnampalam Gopalakrishnakone, Chairman of Singapore Institute of Technology – Institutional Review Board

Date: 8 May 2019 Signature: 