Health and Disability Ethics Committees
Ministry of Health
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20 September 2018

Professor Leigh Hale
School of Physiotherapy
PO Box 56
Dunedin 9054

Dear Professor Hale

Re:	**Ethics ref:**	**18/CEN/162**
	Study title:	Online-delivered self-help intervention (iSelf-help) versus in-person pain management intervention in improving pain-related disability

I am pleased to advise that this application has been *approved* by the Central Health and Disability Ethics Committee. This decision was made through the HDEC-Expedited Review pathway.
The Committee noted that the study will not have participants with severe depression. Please ensure that aged patients are cognitively capable of giving consent.

Conditions of HDEC approval

HDEC approval for this study is subject to the following conditions being met prior to the commencement of the study in New Zealand. It is your responsibility, and that of the study's sponsor, to ensure that these conditions are met. No further review by the Central Health and Disability Ethics Committee is required.

Standard conditions:

1. Before the study commences at *any* locality in New Zealand, all relevant regulatory approvals must be obtained.

2. Before the study commences at *any* locality in New Zealand, it must be registered in a clinical trials registry. This should be a WHO-approved registry (such as the Australia New Zealand Clinical Trials Registry, www.anzctr.org.au) or https://clinicaltrials.gov/.

3. Before the study commences at *each given* locality in New Zealand, it must be authorised by that locality in Online Forms. Locality authorisation confirms that the locality is suitable for the safe and effective conduct of the study, and that local research governance issues have been addressed.

After HDEC review

Please refer to the *Standard Operating Procedures for Health and Disability Ethics Committees* (available on www.ethics.health.govt.nz) for HDEC requirements relating to amendments and other post-approval processes.

Your next progress report is due by 19 September 2019.

Participant access to ACC

The Central Health and Disability Ethics Committee is satisfied that your study is not a clinical trial that is to be conducted principally for the benefit of the manufacturer or distributor of the medicine or item being trialled. Participants injured as a result of treatment received as part of your study may therefore be eligible for publicly-funded compensation through the Accident Compensation Corporation (ACC).

Please don't hesitate to contact the HDEC secretariat for further information. We wish you all the best for your study.

Yours sincerely,

Mrs Helen Walker
Chairperson
Central Health and Disability Ethics Committee

Encl: appendix A: documents submitted
appendix B: statement of compliance and list of members

Appendix A
Documents submitted

Document	*Version*	*Date*
CV for CI	1	15 August 2018
Survey/questionnaire: Outcome measures for the study	1	15 August 2018
Evidence of scientific review: Reviewer 1	1	15 August 2018
Evidence of scientific review: Reviewer 2	1	15 August 2018
Evidence of scientific review: Reviewer 3	1	15 August 2018
Evidence of scientific review: Reviewer 4	1	15 August 2018
Evidence of sponsor insurance	1	15 August 2018
Protocol: Study protocol	1	20 August 2018
PIS/CF: Action research - Phase I	1	20 August 2018
PIS/CF: Maori engagement - Phase IA	1	20 August 2018
PIS/CF: iSelf-help trial (Phase II) and process evaluation (Phase IIA)	1	20 August 2018
Evidence of CI indemnity	1	20 August 2018
Application		

Appendix B
Statement of compliance and list of members

Statement of compliance

The Central Health and Disability Ethics Committee:

- is constituted in accordance with its Terms of Reference
- operates in accordance with the *Standard Operating Procedures for Health and Disability Ethics Committees*, and with the principles of international good clinical practice (GCP)
- is approved by the Health Research Council of New Zealand's Ethics Committee for the purposes of section 25(1)(c) of the Health Research Council Act 1990
- is registered (number 00008712) with the US Department of Health and Human Services' Office for Human Research Protection (OHRP).

List of members

Name	*Category*	*Appointed*	*Term Expires*
Mrs Helen Walker	Lay (consumer/community perspectives)	01/07/2015	01/07/2018
Dr Peter Gallagher	Non-lay (health/disability service provision)	30/07/2015	30/07/2018
Mrs Sandy Gill	Lay (consumer/community perspectives)	30/07/2015	30/07/2018
Dr Patries Herst	Non-lay (intervention studies)	27/10/2015	27/10/2018
Dr Dean Quinn	Non-lay (intervention studies)	27/10/2015	27/10/2018
Dr Cordelia Thomas	Lay (the law)	20/05/2017	20/05/2020

Unless members resign, vacate or are removed from their office, every member of HDEC shall continue in office until their successor comes into office (HDEC Terms of Reference)

http://www.ethics.health.govt.nz