

# ETHICS APPROVAL



18<sup>th</sup> April 2019

Professor Nora Shields  
La Trobe University  
Room 516, Health Sciences Building 3,  
Bundoora VIC 3086

Dear Professor Shields

**Project Title: Improving muscle strength in young people with Prader-Willi syndrome: a phase II randomised trial**

**HREC Reference Number: HREC/50874/RCHM-2019**

**RCH HREC Reference Number: 2019.048**

I am pleased to advise that the above project has received ethical approval from The Royal Children's Hospital Melbourne Human Research Ethics Committee (HREC).

The HREC confirms that your proposal meets the requirements of the National Statement on Ethical Conduct in Human Research (2007). This HREC is organised and operates in accordance with the National Health and Medical Research Council's (NHRMC) National Statement on Ethical Conduct in Human Research (2007), and all subsequent updates, and in accordance with the Note for Guidance on Good Clinical Practice (CPMP/ICH/135/95), the Health Privacy Principles described in the Health Records Act 2001 (Vic) and Section 95A of the Privacy Act 1988 (and subsequent Guidelines).

**HREC Approval Date:** 18<sup>th</sup> April 2019\*

*Please note the HREC are no longer issuing pre-determined approval periods. Ethical approval is now ongoing, subject to the submission of an annual report on the anniversary of approval.*

## Participating Sites:

Ethical approval for this project applies at the following sites:

Site Name
• Melbourne Children's Campus (incorporating The Royal Children's Hospital, Murdoch Childrens Research Institute and the University of Melbourne Department of Paediatrics).
• Royal Prince Alfred Hospital, Sydney
• Lady Cilento Hospital, Brisbane
• Princess Alexandra Hospital, Brisbane
• Austin Hospital, Melbourne

## Approved Documents:

The following documents have been reviewed and approved:

Document	Version	Date
Protocol	4	8 April 2019
Advertisement	2	15 March 2019
PAR + questionnaire	1	11 January 2019

Participation and Environment Measure-Children and Youth (Community section)		
Trial Questionnaires		
Quality of Life Inventory-Disability	5	24 October 2019
PICF (parent version)	4	8 April 2019
PICF (adult participant version)	4	8 April 2019
PICF (adolescent version)	2	27 February 2019
PICF (PHYSIO)	1	27 February 2019
Interview schedule	1	13 February 2019
Recruitment Email	1	16 March 2019

#### Site Specific Assessment:

Site-specific governance authorisation must be obtained by each participating site before the study can commence at that site.

You are required to provide a copy of this HREC approval letter to the principal investigator at each site covered by this ethics approval to assist each site PI with obtaining governance approval to commence the project at that site.

#### Conditions of Ethics Approval:

- You are required to submit to the HREC:
  - An Annual Progress Report (that covers all sites listed on approval) for the duration of the project. This report is due on the anniversary of HREC approval. Continuation of ethics approval is contingent on submission of an annual report, due within one month of the approval anniversary. Failure to comply with this requirement may result in suspension of the project by the HREC.
  - A comprehensive Final Report upon completion of the project.
- Submit to the reviewing HREC for approval any proposed amendments to the project including any proposed changes to the Protocol, Participant Information and Consent Form/s and the Investigator Brochure.
- Notify the reviewing HREC of any adverse events that have a material impact on the conduct of the research in accordance with the NHMRC Position Statement: *Safety monitoring and reporting in clinical trials involving therapeutic goods November 2016*.
- Notify the reviewing HREC of your inability to continue as Coordinating Principal Investigator.
- Notify the reviewing HREC of the failure to commence the study within 12 months of the HREC approval date or if a decision is taken to end the study at any of the sites prior to the expected date of completion.
- Notify the reviewing HREC of any matters which may impact the conduct of the project.
- If your project involves radiation, you are legally obliged to conduct your research in accordance with the Australian Radiation Protection and Nuclear Safety Agency Code of Practice 'Exposure of Humans to Ionizing Radiation for Research Purposes' Radiation Protection series Publication No.8 (May 2005)(ARPANSA Code).
- The HREC, authorising institution and/or their delegate/s may conduct an audit of the project at any time.

Yours sincerely



#### Jennifer Luplow

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