**Statistical Analysis**

Collected data analyzed using Statistical Package for Social Sciences (SPSS) version 20 (Chicago, IL, USA). The mean and standard deviation (±SD) used to present the numerical values, while the number (n) and percentage (%) used to present the categorical values. Student (t) test used to compare the pre-treatment ferritin, hemoglobin, RBCs-MCV and MCH by the 3 months` post-treatment values to evaluate the efficacy of FPM in treatment of ID and IDA with pregnancy. *P*-value <0.05 considered significant.