**GoodForm: Development and evaluation of a multidimensional universal program for adolescent boys**

**PARTICIPANT INFORMATION SHEET- INTERVENTION TEACHERS**

**Invitation**

You are invited to participate in research evaluating GoodForm program for adolescent boys, conducted by Dr Zali Yager from the College of Education at Victoria University, Dr Sian McLean from the College of Health and Biomedicine, Dr Scott Griffths from Melbourne School of Psychological Sciences, and Dr Joanna Doley from Victoria University. This research is funded by the World Anti-Doping Agency (WADA).

**Project explanation**

In this project, we will evaluate the GoodForm program that aims to enhance body image and prevent supplement and anabolic steroid use in boys. The principal at your school has provided informed consent for the school to participate in this research. The activities in this program align with the Australian Curriculum: HPE, and the content of the activities is similar to what would already be covered in HPE. All boys in year 9 and 10 will be invited to participate in the research and the entire year level will be randomly allocated to the Control or Intervention group. All boys in the intervention group will receive GoodForm. We are inviting boys and teachers to participate in the research to evaluate the impact of this program.

**What will I be asked to do?**

If you agree to participate in this research, we will ask you to facilitate GoodForm in your class, and to complete a 15-minute online questionnaire that asks for your feedback about the program.

**What will I gain from participating?**

By participating in this study, you have the opportunity to reflect on your teaching and develop an understanding of new curriculum resources to teach about body image and performance-enhancing drugs in sport. If you participate, you will be involved in important work that aims to improve body image among young male and female adolescents around the world and have a positive impact on attitudes and beliefs towards the doping culture in sport.

**How will the information I give be used?**

The information you provide in the questionnaires will be anonymous, and private. We will use the information to do some statistical analyses, write a report, and present these findings to in scientific journal articles, and at conferences. We will retain anonymous electronic databases for future potential research. Any information that you provide during the conduct of the program in class will be subject to regular reporting procedures as per your school’s policies and procedures.

**What are the potential risks of participating in this project?**

There is a small chance that you may feel some discomfort in responding to the questions that ask about your feedback about the program. If you feel upset by these questions, you can finish the questionnaire at any time. If you feel any distress, it is advised that you contact The Butterfly Foundation on 1800 334673 or Mensline on 1300 789978. You may also contact Professor Alex Parker, clinical psychologist, on +61 3 9919 5874 or alexandra.parker@vu.edu.au

**How will this project be conducted?**

You will be asked to facilitate the GoodForm program and complete a follow up questionnaire.

**Who is conducting the study?**

Dr Zali Yager, Phone: 0403 011 643, Email: [zali.yager@vu.edu.au](mailto:zali.yager@vu.edu.au)

Dr Sian McLean

Dr Scott Griffiths

Dr Joanna Doley

Any queries about your participation in this project may be directed to Dr Zali Yager.

If you have any queries or complaints about the way you have been treated, you may contact the Ethics Secretary, Victoria University Human Research Ethics Committee, Office for Research, Victoria University, PO Box 14428, Melbourne, VIC, 8001, email researchethics@vu.edu.au or phone (03) 9919 4781.

**What do I do next?**

Please complete the attached form to indicate whether or not you agree to participate in this study.

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**HEC: TBA**

**Teacher Consent Form**

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ have read and understood the information sheet provided by the researcher about this study, and my questions have been clarified to my satisfaction. A copy of the information sheet for this study and this form has been provided to me.

Please select one of the following:

* I agree to facilitate the materials and complete a 15-minute feedback questionnaire

And/or

* I agree to facilitate the materials and provide verbal feedback to the researchers

**Name ……………………………………………………………………..**

**Signature……………………………………….. Date……………………………….**

Researcher contact details:

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