



THE UNIVERSITY OF QUEENSLAND
Institutional Human Research Ethics Approval

Project Title: The effects of 8 weeks of Fenugreek supplementation in combination with exercise training on exercise capacity in healthy young humans – 01/08/2018 - AMENDMENT

Chief Investigator: Dr David Briskey, Dr Dean Mills

Supervisor: None

Co-Investigator(s): Andrew Richards

School(s): School of Human Movement and Nutritional Sciences

Approval Number: 2018000672

Granting Agency/Degree: None

Duration: 11th June 2020

Comments/Conditions:

Amendment 01/08/2018:
Changes to Protocol to remove DEXA scans, removed blood collection at 4 weeks, changes to the exercise prescription to 4 sessions per week, and the addition of Andrew Richards to the protocol document.

- Amendment Form, 01/08/2018
- PICF V3 Clean and Tracked, 26/07/2018
- Protocol V3 Clean and Tracked, 26/07/2018

Note: if this approval is for amendments to an already approved protocol for which a UQ Clinical Trials Protection/Insurance Form was originally submitted, then the researchers must directly notify the UQ Insurance Office of any changes to that Form and Participant Information Sheets & Consent Forms as a result of the amendments, before action.

Name of responsible Committee:

University of Queensland Human Research Ethics Committee A

This project complies with the provisions contained in the *National Statement on Ethical Conduct in Human Research* and complies with the regulations governing experimentation on humans.

Name of Ethics Committee representative:

Professor Emerita Gina Geffen

Chairperson

University of Queensland Human Research Ethics Committee A

Registration: EC00456

Signature _____

Date _____

29/08/2018