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## UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE (UAHPEC)

21-Dec-2018

### MEMORANDUM TO:

Prof Christopher Bullen  
Population Health

Re: Request for change of Ethics Approval (Our Ref. 021649): Amendments Approved

The Committee considered your request for change for your study entitled SCAMPI – Smoking Cessation App for (Chinese) Male Smokers: Randomised Controlled Trial and approval was granted for the following amendments on 21-Dec-2018.

The Committee approved the following amendments:

1. To down-size from a full randomised controlled trial (RCT) to a pilot RCT.
2. Sample size: The sample size of the proposed research to be reduced from 320 participants to the number of participants that can be recruited within 4 weeks.
3. Duration of the study: the updated study period to be shorten from 12 weeks to 6 weeks.
4. Data collection: In order to improve the validity and reliability of the study outcome of "participants' smoking abstinence", to ask participants who claim to be "quitters" at the end of the pilot trial to do a saliva cotinine test to measure the nicotine level and so verify their self-report. Participants to submit their cotinine test results by taking a photograph or short video of the test paper and sending the image file through the social network platform to the research team to assess the result.

### NOTE:

CF: 4th bullet point (about requested to complete cotinine test: Please change 'will' to 'may' (because not all your participants will be asked to do this only the quitters).

The expiry date for this approval is 16-Jul-2021.

If the project changes significantly you are required to resubmit a new application to the Committee for further

consideration.

In order that an up-to-date record can be maintained, it would be appreciated if you could notify the Committee once your study is completed.

The Chair and the members of the Committee would be happy to discuss general matters relating to ethics approvals. If you wish to do so, please contact the UAHPEC Ethics Administrators at [ro-ethics@auckland.ac.nz](mailto:ro-ethics@auckland.ac.nz) in the first instance.

Please quote reference number 021649 on all communications with the UAHPEC regarding this application.

*(This is a computer generated letter. No signature required.)*

UAHPEC Administrators  
University of Auckland Human Participants Ethics Committee

c.c. Head of Department / School, Population Health  
Assoc Prof Elsie Ho  
Mr Jinsong Chen