

Enquiries to: Metro South  
Human Research Ethics Committee  
Phone: 07 3443 8049  
Fax: 07 3443 8003  
HREC Ref: HREC/18/QPAH/38  
E-mail: [Ethicsresearch.pah@health.qld.gov.au](mailto:Ethicsresearch.pah@health.qld.gov.au)  
Amendment AM01

Dr Tina Skinner  
Senior Lecturer  
School of Human Movement and  
Nutrition Sciences  
University of Queensland

Dear Dr Skinner,

**HREC Reference number:** HREC/18/QPAH/38

**Project Title:** An evidence-based intervention ("Fit for Treatment") to prevent taxane-induced neurotoxicity in breast cancer patients: An effectiveness-implementation hybrid study

The Office of the Metro South Human Research Ethics Committee noted and approved the following:-

Document	Version	Date
Notification of Amendment/Cover letter in respect to (i) change to exercise regime and level of supervision; (ii) removal of cardiopulmonary exercise test at 6-week time point; (iii) option to complete training sessions at various locales; (iv) removal of EORTC QLQ-C30 and replacement with AQoL-8D; and (v) additional survey		28 May 2018
FFT Project Description	1.2	27 May 2018
FFT RCT Participant Information Consent form	1.2	24 May 2018
FFT Participant Recruitment Flyer	1.1	21 May 2018
AQoL-8D	12	23 March 2017
EX-Int-Adh Survey	1.0	n.d.

The Metro South Hospital and Health Service HREC is constituted and operates in accordance with the National Health and Medical Research Council's *"National Statement on Ethical Conduct in Human Research (2007)"*, *NHMRC and Universities Australia Australian Code for the Responsible Conduct of Research (2007)* and the *"CPMP/ICH Note for Guidance on Good Clinical Practice"*.

This will be ratified by the HREC at its 3 July 2018 meeting.

**Please provide a copy of this approval letter to the Research Governance Office.**

It should be noted that all requirements of the original approval still apply. Please continue to provide at least annual progress reports until the study has been completed.

If you have any queries please do not hesitate to contact the Human Research Ethics Committee office on +617 3443 8049.

Yours sincerely,



Ms N Lewin

**A/Deputy Chair  
Metro South Hospital and Health Service  
Human Research Ethics Committee (EC00167)  
Centres for Health Research  
Princess Alexandra Hospital  
Woolloongabba QLD 4102**

4.16.18

Cc: Ms N Vear