



Human Research Ethics

Deakin Research Integrity
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Memorandum

To: Prof Robin Daly
Institute for Physical Activity and Nutrition

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cc:

From: Deakin University Human Research Ethics Committee (DUHREC)

Date: 19 October, 2016

Subject: 2016-300

Effects of a dairy-derived nutrition supplement combined with physical activity on health and physical function in 45-65 year old habitually sedentary women

Please quote this project number in all future communications

DUHREC considered the application for this project at its meeting held on 26 September 2016 and found it to comply with the *National Statement on Ethical Conduct in Human Research (2007)*.

DUHREC has granted approval for Prof Robin Daly, Institute for Physical Activity and Nutrition, to undertake this project from 19/10/2016 to 19/10/2020.

The approval given by the Deakin University Human Research Ethics Committee is given only for the project and for the period as stated in the approval. It is your responsibility to contact the Human Research Ethics Unit immediately should any of the following occur:

- Serious or unexpected adverse effects on the participants
- Any proposed changes in the protocol, including extensions of time.
- Any events which might affect the continuing ethical acceptability of the project.
- The project is discontinued before the expected date of completion.
- Modifications are requested by other HRECs.

In addition you will be required to report on the progress of your project at least once every year and at the conclusion of the project. Failure to report as required will result in suspension of your approval to proceed with the project.

DUHREC may need to audit this project as part of the requirements for monitoring set out in the *National Statement on Ethical Conduct in Human Research (2007)*.

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