**Participant Information Sheet**

**THIS FORM WILL BE HELD FOR A PERIOD OF 6 YEARS**

Project Title: SCAMPI – Smoking Cessation App for (Chinese) Male Smokers: Randomised Controlled Trial

Supervisor: Professor Chris Bullen

Co-supervisor: Associate Professor Elsie Ho

Student Researcher: Jinsong Chen (PhD Candidate)

My name is Jinsong Chen (Jimmy) and I am a PhD student from the University of Auckland, New Zealand. I am doing this project as a part of my PhD study testing a smoking cessation programme (“SCAMPI”) for male smokers aged 25 – 44 years in China. I am supervised by Professor Chris Bullen and Associate Professor Elsie Ho from the University of Auckland.

You are invited to take part in this study, which aims to evaluate the smoking cessation programme. We would like to find out more about the programme’s effectiveness on helping people to quit smoking. This Information Sheet will help you decide if you would like to take part.

**What is involved if I take part?**

In this study we are seeking Chinese male smokers aged 25-44 years and able to communicate in Chinese who want to quit smoking or cut down number of cigarettes they smoke. If you are eligible and agree to take part, you will be requested to provide your consent on the electronic registration system.

After you have provided consent, you will be requested to complete a quick baseline questionnaire that will ask information about yourself and your current smoking (number of cigarettes you smoke). This will take no more than 5 minutes to complete.

After you have completed the online questionnaire, you will be randomly allocated to either intervention group or control group. If you are allocated in intervention group, you will be offered to use the full version of SCAMPI programme consisted of mini-programme and the SCAMPI subscription account. If you are allocated in control group, you will be provided the restricted version of SCAMPI programme. The functions of these two versions of SCAMPI programme are shown in the following table:

Table 1: Comparison between Full Version and Restricted Version of SCAMPI programme

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| **Full Version** | **Restricted Version** |
| (1) Information Provision: introduction of the study, participant information sheet, consent form, reminders of entering smoking status, and quitting tips;  (2) Data Collection: cigarette consumption in weekly basis;  (3) Compensation: WeChat Red Pocket (a e-voucher system) to encourage you to enter your cigarette consumption;  (4) Help to develop your quitting plans;  (5) Track your quitting progress;  (3) Empirically based tests to evaluate health improvement by stopping / reducing smoking. | (1) Information Provision: introduction of the study, participant information sheet, consent form, reminders of entering smoking status, and contact information to general smoking cessation care in China;  (2) Data Collection: cigarette consumption in weekly basis;  (3) Compensation: WeChat Red Pocket (a e-voucher system) to encourage you to enter your cigarette consumption; |

The overall duration of participation in this study is 3 months. During these 3 months you will be encourage to use the SCAMPI programme. You will receive WeChat messages weekly to ask about your weekly smoking. Similar to the baseline assessment, you can enter your weekly smoking status through WeChat. Each of these sessions (12 sessions in total) will take no more than 3 minutes to complete. At the end of the study, you will receive a questionnaire to ask you about your satisfaction level of using the SCAMPI programme as a smoking cessation tool.

Your participation in this project is entirely voluntary. You may withdraw from the study at any time, without giving any reason. However, you will be unable to withdraw your input to the project once you press “submit” button in the weekly smoking assessment.

**Compensation**

Throughout the entire study, you will receive in total ¥ 52 RMB (approximately $ 13 NZD) WeChat Red Pocket as a compensation for your participation.

In the unlikely event of a physical injury as a result of your participation in this study, you may be covered by Medicare in China. Medicare cover is not automatic, and your case will need to be assessed by Medicare. If your claim is accepted by Medicare, you still might not get full compensation. Medicare usually provides only partial reimbursement of costs and expenses, and there may be no lump sum compensation payable. There is no cover for mental injury unless it is a result of physical injury. If you have Medicare cover, generally this will affect your right to sue the investigators.

If you have any questions about Medicare contact your local Health and Family Planning Commission Office or the investigator. You are also advised to check whether participation in this study would affect any indemnity cover you have or are considering, such as medical insurance, life insurance and superannuation.

**What are the risks and benefits of this project?**

If you take part in this study, you will have the opportunity to use SCAMPI, which will support you to quit smoking.

We do not anticipate any risks to participants in this study. However, if you experience discomfort from participation, you can choose not to answer any particular question. In addition, if required, you can contact the following quit smoking helpline:

*Zhejiang University Centre for Tobacco Control Research*

Address: No.25 Zijing Gang Campus, Zhejiang University

Contact: 0571-88208219

Website: www.tfcampuschina.com

**Will the information about me be kept confidential?**

All information collected from this project will not contain any identifying information. Your personal identity will not be asked. When the results of this project are written up or reported in any context, no material that could personally identify you will be used.

All data collected from this study will be transferred immediately from WeChat system and stored in the computer at the National Institute for Health Innovation (NIHI). All information will be kept securely at the NIHI, the University of Auckland for 6 years. All computer records will be password protected. We do realise WeChat maybe able to detect users’ data, however, this should be consented and authorised before you using WeChat. Data captured and stored by WeChat in WeChat’s database will not be considered as data in this study.

**When will the results be available?**

The study will be run over a period of about three months. We anticipate that the results will be available in March 2019. You will be asked if you would like a copy of the results. If you agree, we will send you a copy of the results through our SCAMPI WeChat Official Account.

**Contact Details**

If you have any questions, concerns or complaints about this project at any stage, you can contact:

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| Jinsong Chen  PhD candidate,  National Institute for Health Innovation, The University of Auckland  Email: [jinsong.chen@auckland.ac.nz](mailto:jinsong.chen@auckland.ac.nz) |
| Professor Chris Bullen  Director,  National Institute for Health Innovation, The University of Auckland,  Private Bag 92019, Auckland 1142.  Phone: +64 09 923 4730  Email: [c.bullen@auckland.ac.nz](mailto:c.bullen@auckland.ac.nz) |
| Associate Professor Elsie Ho  School of Population Health, The University of Auckland  Email: [e.ho@auckland.ac.nz](mailto:e.ho@auckland.ac.nz) |

For any concerns regarding ethical issues you may contact:

The Chair, The University of Auckland Human Participants Ethics Committee

The University of Auckland, Research Office

Private Bag 92019, Auckland 1142

Telephone 09 373-7599 extn. 83711.

Email: [ro-ethics@auckland.ac.nz](mailto:ro-ethics@auckland.ac.nz)

Approved by the University of Auckland Human Participants Ethics Committee on XX/XX/XXXX for three years. Reference Number XXXX

**Please keep this sheet for your information.**

**Thank you for taking the time to read about this study.**

**CONSENT FORM**

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I have read the Participant Information Sheet, have understood the nature of the research and why I have been selected. I have had the opportunity to ask questions and have them answered to my satisfaction.

* I agree to take part in this study.
* I understand that I am free to withdraw my participation at any time, and to withdraw any data traceable to me before I submit the data into the system.
* I understand that the answers on the baseline assessment and the weekly smoking status assessment will be recorded, but I can choose not to answer a specific question on both of the assessment.
* I understand that no material that could identify me will be used in any reports on the study.
* I understand that some information related to my smoking behaviours will be asked in this study.
* I would like to receive an online summary of the study findings at the end of the study. Yes 🗌 No 🗌

Please tap “accept” if you understand the Participant Information Sheet and Consent Form, and willing to participate in this project.

(E-consent will be provided to potential participants once they tap the “accept” button on this electronic page.)

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