

**Research Integrity & Ethics Administration**  
Human Research Ethics Committee

Wednesday, 5 April 2017

Dr Emmanuel (Emmanouil) Stamatakis  
School of Public Health: Public Health; Sydney Medical School  
Email: emmanouil.stamatakis@sydney.edu.au

Dear Emmanuel (Emmanouil)

The University of Sydney Human Research Ethics Committee (HREC) has considered your application.

I am pleased to inform you that your project has been approved.

Approval is granted for a period of four years from **05 April 2017** to **05 April 2021**

**Project title:** Dog-Walking, Health and the Human-Dog Bond

**Project no.:** 2017/215

**First Annual Report due:** 05 April 2018

**Authorised Personnel:** Stamatakis Emmanuel (Emmanouil); McGreevy Paul; Bauman Adrian; Edwards Kate; Powell Lauren;

**Documents Approved:**

Date Uploaded	Version number	Document Name
20/03/2017	Version 1	Canine oxytocin statistics figure
20/03/2017	Version 1	Data collection sheet
20/03/2017	Version 1	Email communication
20/03/2017	Version 1	Human oxytocin and HRV statistics
20/03/2017	Version 1	Monash Dog Owner Relationship Scale (MDORS) questionnaire
20/03/2017	Version 1	Online screening questionnaire
20/03/2017	Version 1	Participant consent form
20/03/2017	Version 1	Participant information statement
20/03/2017	Version 1	Participant instruction for heart rate measurements
20/03/2017	Version 1	Participant instruction for saliva collection
20/03/2017	Version 1	Participant instruction guide
20/03/2017	Version 1	Recruitment flyer
20/03/2017	Version 1	Safety protocol
20/03/2017	Version 1	Study protocol
20/03/2017	Version 1	Text message communication
20/03/2017	Version 1	timeline for researcher visit

**Condition/s of Approval**

- Research must be conducted according to the approved proposal.
- An annual progress report must be submitted to the Ethics Office on or before the anniversary of approval and on completion of the project.



- You must report as soon as practicable anything that might warrant review of ethical approval of the project including:
  - Serious or unexpected adverse events (which should be reported within 72 hours).
  - Unforeseen events that might affect continued ethical acceptability of the project.
- Any changes to the proposal must be approved prior to their implementation (except where an amendment is undertaken to eliminate *immediate* risk to participants).
- Personnel working on this project must be sufficiently qualified by education, training and experience for their role, or adequately supervised. Changes to personnel must be reported and approved.
- Personnel must disclose any actual or potential conflicts of interest, including any financial or other interest or affiliation, as relevant to this project.
- Data and primary materials must be retained and stored in accordance with the relevant legislation and University guidelines.
- Ethics approval is dependent upon ongoing compliance of the research with the *National Statement on Ethical Conduct in Human Research*, the *Australian Code for the Responsible Conduct of Research*, applicable legal requirements, and with University policies, procedures and governance requirements.
- The Ethics Office may conduct audits on approved projects.
- The Chief Investigator has ultimate responsibility for the conduct of the research and is responsible for ensuring all others involved will conduct the research in accordance with the above.

This letter constitutes ethical approval only.

Please contact the Ethics Office should you require further information or clarification.

Sincerely

**Associate Professor Stephen Assinder**  
Chair  
Human Research Ethics Committee

**The University of Sydney HRECs are constituted and operate in accordance with the National Health and Medical Research Council's (NHMRC) National Statement on Ethical Conduct in Human Research (2007) and the NHMRC's Australian Code for the Responsible Conduct of Research (2007).**