



UNIVERSITY
OF WOLLONGONG
AUSTRALIA

APPROVAL after review

In reply please quote: HE16/278

Further Enquiries Phone: 4221 3386

16 August 2016

Associate Professor Karen Charlton
School of Health Sciences
University of Wollongong

Dear Associate Professor Charlton

Thank you for your letter responding to the HREC review letter. I am pleased to advise that the Human Research Ethics application referred to below has been **approved**

Ethics Number: HE16/278

Project Title: Effect of consumption of fruit anthocyanin on blood pressure and cognition in older adults with mild cognitive impairment over 8 weeks

Name of Researchers: Associate Professor Karen Charlton, Associate Professor Steven Roodenrys, Dr Yasmine Probst, Associate Professor Marijka Batterham, Professor Jan Potter, Dr Michael Netzel, Dr Kent Fanning, Ms Ezinne Korie

Documents Approved:

- Initial Ethics Application
- Questionnaire
- Recruitment flyer
- Response dated 10/08/2016
- Participant Information Sheet V2 - 09/08/2016
- Consent Form V2 - 09/08/2016
- Home Instructions Sheet for Urine Collection and Blood Pressure Monitor

Approval Date: 16 August 2016

Expiry Date: 15 August 2017

The University of Wollongong/ISLHD Health and Medical HREC is constituted and functions in accordance with the NHMRC National Statement on Ethical Conduct in Human Research. The HREC has reviewed the research proposal for compliance with the National Statement and approval of this project is conditional upon your continuing compliance with this document.

A condition of approval by the HREC is the submission of a progress report annually and a final report on completion of your project. The progress report template is available at <http://www.uow.edu.au/research/rso/ethics/UOW009385.html>. This report must be completed, signed by the appropriate Head of School and returned to the Research Services Office prior to the expiry date.

As evidence of continuing compliance, the Human Research Ethics Committee also requires that researchers immediately report:

- proposed changes to the protocol including changes to investigators involved
- serious or unexpected adverse effects on participants
- unforeseen events that might affect continued ethical acceptability of the project

Please note that approvals are granted for a twelve month period. Further extension will be considered on receipt of a progress report prior to expiry date.

If you have any queries regarding the HREC review process, please contact the Ethics Unit on phone 42213386 or email rso-ethics@uow.edu.au.

Yours sincerely

A handwritten signature in blue ink that reads "Colin Thomson". The signature is written in a cursive style.

Professor Colin Thomson
Chair, UOW & ISLHD Health and Medical
Human Research Ethics Committee

cc: A/Professor Karen Charlton