 

**PARTICIPANT DIARY NO.**

**CONFIDENTIAL**

Comparative Effectiveness Study of the Clinical and Cost Outcomes of Massage for the Management of Chronic Low Back Pain in Australia.

Protocol Number ETH16-0812

Participant’s Initials [ ] [ ] [ ]

Allocation Number [ ] [ ] [ ] [ ] [ ]

Baseline Date [ ] [ ] [ ] [ ] [ ] [ ]

d d m m y y

Please complete this diary each day indicating your maximum pain level and medication taken. Record any treatments on the second page.

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| --- | --- | --- | --- |
| Week [ ] Day | Date | Image result for baker-wong pain scale | Pain medication |
| d d m m y y | Type/Name | No. tablets/day |
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| Usual care | Date | Therapy/modality (eg. GP, physiotherapist) | Notes |
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