Figure 2: Management plan

Patient clinically reviewed and scored according to Dutch Lipid Clinic Network Criteria (DLCNC) Score

DLCNC

Score < 3

DLCNC

Score >5

Score >5

DLCNC Score 3-5

Score >5

Unlikely FH

Probable/Definite FH

Possible FH

Assess complexity

GP-PN

Cascade Screen (test first degree relatives ie parents, offspring and siblings)

**Low complexity**

No other major risk factors

No symptomatic or subclinical CVD

LDL-c target <4mmol/L

GP-PN managed care

**Intermediate complexity**

≥1 other major CVD risk factors, early subclinical CVD

LDL-c target <3mmol/L

GP-PN- Specialist shared care

Specialist involvement essential

Follow-up GP-PN/NP- Specialist shared care *possible*

**High Complexity**

Symptomatic CVD, revascularisation, advanced subclinical CVD

LDL-c target <2mmol/L

Plan derived from:

1. Brett, Watts, Arnold-Reed, Bell, Garton-Smith, Vickery, Ryan & Pang (2015): Challenges in the care of familial hypercholesterolemia: a community care perspective, Expert Review of Cardiovascular Therapy (<http://dx.doi.org/10.1586/14779072.2015.1082907>)

2. Brett, Watts, Garton-Smith, Bell, Vickery, Pang and Arnold-Reed (2015): Familial Hypercholesterolaemia: Challenges in primary care. MedicineToday 2015; 16(8): 20-26.